



Ligament

Connections equal strength

Meet our *Superstar* Physio!

AK

Nationality

Pakistani

Male

Age Range

31-35

Years Experience

8-10 years

Desired Contract

The Kiwi Package

Location Preferences

Bay of Plenty Region, Auckland, Waikato Region, Otago Region, North Island, South Island, Whangarei, Christchurch

Clinic Disciplines and Areas of Experience

Musculoskeletal, Geriatric, Orthopaedics (pre & post operative), Leading exercise classes, Neurology, Mentoring juniors

CPD and Additional Qualifications

BLS

ACLS

Managing children with cerebral palsy

Managing spinal cord injuries.

Who am I ?

I am a dedicated physiotherapist with a profound passion for my work, having completed my masters in Belgium and Doctor of Physiotherapy from Pakistan. With a rich professional background spanning six years in both Belgium and Pakistan, my expertise extends across musculoskeletal (MSK) and neuro-rehabilitation. Beyond specialization, my experience encompasses a broad spectrum, including geriatric rehabilitation, orthopedics, hydrotherapy, electrotherapy, manual therapy, and engaging in group therapy sessions. My commitment extends to educating the next generation, as I actively contributed by teaching graduate students of physiotherapy. My versatile experience ranges from hospital settings to private clinics and community-based rehabilitation, reflecting a well-rounded and dynamic approach to my physiotherapy practice.

Special Interests

Yes, I have a Masters in Neuro-Rehabilitation but my other interest also includes musculoskeletal, manual therapy and geriatric rehabilitation.

Interests

Beyond my professional endeavors, I lead a well-rounded life enriched by diverse interests and hobbies. An avid swimmer, I find solace and joy in the rhythmic strokes that define my time at the pool. The gym serves as not just a fitness space but a canvas for sculpting my physical well-being. My love for exploration takes me to various corners of the world, fueling my passion for travel as I immerse myself in diverse cultures and experiences. I enjoy watching a game of cricket, embracing the camaraderie and skill of the sport while enjoying the mountainous landscapes that truly captivate my adventurous spirit and seamlessly blend my love for nature with the thrill of exploration. In addition to my current pursuits, I harbor a keen interest in exhilarating activities such as scuba diving, skydiving, paragliding, surfing, skiing, kayaking, and bungee jumping. Despite my fascination with these adrenaline-pumping adventures, the chance to partake in them has eluded me thus far.



More about AK

Quotes from References

Accuracy / Timeliness and Workload

AK excels in accuracy and time management. He consistently provides precise care, paying attention to the detail of assessments and treatments. His efficient scheduling and resource allocation ensures that the patient's needs are met promptly. He is a highly organized and efficient individual.

Strengths

AK possesses exceptional clinical competence, consistently delivering high-quality patient care. His patient-centered approach, strong problem-solving skills, and effective communication sets him apart. He excel in teamwork, adaptability, and time management, ensuring efficient resource utilization. He shows good ethical conduct and professionalism. He is dedicated to continuous learning and exhibit leadership potential. Another of his strengths is his compassionate and empathetic nature. He has a gift for connecting with his patients by making them feel comfortable and at ease.

Other Comments

AK is highly skilled in a range of areas and consistently demonstrated his mastery of these areas through his work with patients. He was always up-to-date on the latest research and techniques in the field of physical therapy.

Work Values Assessment

The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:

1. **Autonomy:** The ability to choose for yourself what to do and when to do it.
2. **Creativity:** The opportunity to use imagination at work and come up with new and original things.
3. **Variety:** Working on various thing simultaneously or being part of adventurous or exciting work.
4. **Self-development:** Room for the ambition to develop further both professionally and personally.
5. **Structure:** Fixed routines and activities with clear frameworks and timelines.
6. **Security:** Clarity with regards to financial security and prospects for the future.
7. **Influence:** The opportunity to influence others and contribute to discussions that influence decisions.
8. **Prestige:** Work that gives you standing or status in the community. Being held in high regard.
9. **Performance:** The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
10. **Financial reward:** The ability to earn a good salary.
11. **Work-life balance:** Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
12. **Working conditions:** Work is done in a pleasant environment under favourable working conditions.
13. **Work relationships:** Having pleasant social contact with nice colleagues.
14. **Altruism:** Helping others through the work you do.



Work Values Results

1.	Altruism
2.	Performance
3.	Work-life balance
4.	Security
5.	Self-development
6.	Work relationships
7.	Financial reward
8.	Influence
9.	Structure
10.	Prestige
11.	Working conditions
12.	Creativity
13.	Variety
14.	Autonomy

ALTRUISM:

AK enjoys helping others through the work that they do. They are highly devoted to helping other people through their work.

PERFORMANCE:

AK likes to have the opportunity to demonstrate what they are capable of and has satisfaction with reward and recognition for individual effort. They are results driven and enjoy seeing the results of their efforts.

WORK-LIFE BALANCE:

AK likes to strike a good balance between work life and personal life. Flexibility regarding work, rest, and holidays are important and does not like work to interfere with their personal life



More about AK

Career Values

Value 1

RELATIONSHIPS:

People who score high in the Relationships cluster should look for jobs where their co-workers are likely to be friendly and supportive. They should also look for work that lets them be of service to others. These people should explore jobs that do not compromise their personal morals, or sense of right and wrong

Value 2

ACHIEVEMENT:

People who score high in the Achievement cluster should look for jobs that let them use their best abilities. It's also important that they look for work where they can see the results of the work directly. They should explore jobs where they can get a strong feeling of accomplishment.

Value 3

INDEPENDANCE:

People who score high in the Independence cluster should look for jobs where they are left to do things on their own initiative. These people also value creativity and the freedom to work alone. They would explore work where they can make decisions on their own.

Temperament Typology Explained

Temperament Typology

Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

Leopards (L1) are task-orientated introverts.

Lions (R1) are task-orientated extroverts.

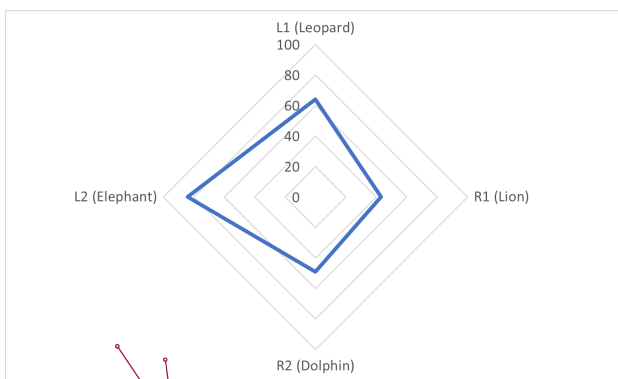
Dolphins (R2) are people-orientated extroverts.

Elephants (L2) are people-orientated introverts.

AK is a reserved and friendly person. He is focused, committed, task oriented and results driven. He communicates politely and listens attentively. He seeks information and facts before making a decision. In conflict, AK will try to find a compromising solution that is logical and beneficial.

Temperament Graphic

Temperament Typology Result



L1	Leopard	64	Extrovert	92
R1	Lion	43	Introvert	148
R2	Dolphin	49	Task	107
L2	Elephant	84	People	133

