



Ligament

Connections equal strength

Meet our *Superstar* Physio!

IB

Sex

Male

Age Range

26 - 30

Years Experience

New Grad - 3 years

Desired Contract

The Kiwi Package

Qualifications

Bachelor of Physiotherapy

Post-graduate Certificate in Sports Medicine

University

Dr. M.G.R. Education and Research Institute

University of Central Lancashire

Hospital Experience

I have a total of 2.3 years of experience in hospital settings in India. I gained exposure to various specialties including orthopedics, musculoskeletal (MSK), sports medicine, cardiorespiratory, neurology, obstetrics & gynecology, pediatrics, and physical medicine and rehabilitation, including geriatrics.

Additionally, I have 1.8 years of experience working as an MSK physiotherapist in the UK, where I provided care across multiple hospitals and surgeries in London, Greenwich and Kent areas. In this role, I conducted thorough assessments, delivered evidence-based treatments, and collaborated with interdisciplinary teams to optimize patient outcomes. My responsibilities included rehabilitation following injuries or surgeries, pain management, and promoting mobility and function.

Private Practise MSK Experience

I have 11 months of experience working in private practice clinics in India, which also involved home visits. My duties included assessing patients conditions, developing personalized treatment plans, conducting therapeutic exercises, performing manual therapy techniques, overseeing the scheduling of appointments, rescheduling patients as needed, and managing the invoicing and billing processes. Adhering to ethical and professional norms of conduct, such as patient confidentiality and informed consent.

Special Interests

In order to provide patients with comprehensive care, I am very interested in using acupuncture as an adjuvant therapy in addition to manual therapy techniques and exercise prescriptions. Furthermore, I have a strong desire to focus on spinal mobilisation techniques in order to treat a variety of spinal conditions including disc herniations, facet joint dysfunction.



More about IB

Quotes from References

Accuracy / Timeliness and Workload

IB is always punctual, does his work effectively and manages his case load and times with good judgement. He has good academic knowledge and clinical skills.

Strengths

IB has good patient management skills and is effective in diagnosing and planning appropriate treatments. He uses good evidence based practice.

Other Comments

Excellent communication skills, reliability and friendliness.



CPD Courses

Completed First Contact Practitioner Roadmap stage 1
Completed training in cardiopulmonary resuscitation as a part of save life movement at Saveetha University, India.
Certificate of participation of Upper quadrant Joint mobilization training at Xcel health, UK.
Understanding x-rays and indication for referral, Xcel health, UK.
Medicine management by physiotherapist, Xcel health, UK.
Completion of Fit Note course, Xcel health, UK.
Presented a paper on 'Comparison of sub acromial space in normal and abnormal shoulder radiograph in 3rd international conference on challenge exclusion at SRM university, India.

Work Values Results

Altruism

Performance

Security

Prestige

Work relationships

Working conditions

Variety

Work-life balance

Structure

Self-development

ALTRUISM:

IB enjoys helping others through the work that they do. They are highly devoted to helping other people through their work.

PERFORMANCE:

IB enjoys having the opportunity to demonstrate what you are capable of, along with reward and recognition for individual effort.

SECURITY:

IB highly values security, especially when it comes to financial stability, and clarity about prospects for the future.



More about IB

Who Am I

I am a Musculoskeletal Physiotherapist with a specialized postgraduate degree in Sports Medicine from the United Kingdom. I am working as a First Contact Physiotherapist and Offender Health Physiotherapist in hospitals, surgeries and prisons across the United Kingdom for past 1.8 years. My roles includes patient care, diagnosis, tailoring treatment plans, referrals, navigating the complexities of diverse healthcare settings including the challenging environment of correctional facilities. My practice philosophy centers around a holistic, evidence based practice and patient-centered approach. Outside of professional settings, I am highly committed to lifelong learning and the growth of physiotherapy.

New Zealand Experience

None

Temperament Typology Explained

Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

Leopards (L1) are task-orientated introverts.

Lions (R1) are task-orientated extroverts.

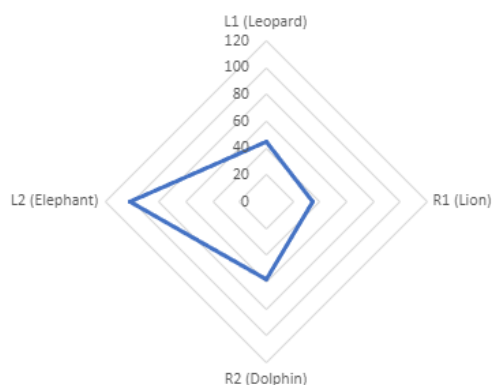
Dolphins (R2) are people-orientated extroverts.

Elephants (L2) are people-orientated introverts.

Temperament Typology

IB is a committed hard worker, who is process orientated. He seeks for advice when needed. IB is an outgoing and social person. He is expressive and warm-hearted individual. He enjoys working in a group setting, is dependable and co-operative. He is patient, clear and a detailed communicator. In conflict, he will try to find a comprising solution that will accommodate for other person's wishes.

Temperament Graphic



Temperament Typology Result

L1	Leopard	45	Extrovert	93
R1	Lion	35	Introvert	147
R2	Dolphin	58	Task	80
L2	Elephant	102	People	160

