



Ligament

Connections equal strength

Meet our *Superstar* Physio!

LH

Nationality

South African Female

Age Range

41 - 45

Experience Level

14 - 17 years

Desired Contract

Kiwi (to 12months)

Clinic Disciplines and Areas of Experience

Musculoskeletal, Sports, Pilates, Yoga, Orthopaedics (pre & post operative), Cardiorespiratory, Rehabilitation (vocational / functional), Leading exercise classes, Working within a gym setting, Mentoring juniors

Who am I ?

LH was born in South Africa and studied at the University of the Witwatersrand . Early in her career, she moved to the U.K. where she worked in the NHS as a senior physiotherapist before she returned to South Africa to specialise in musculoskeletal, sport and orthopaedic rehabilitation. LH is an experienced physiotherapist passionate about patient rehabilitation and education.

LH is married and am also a mom of two busy beautiful boys! Outside of work, family time is especially important to me.

Interests

LH loves spending time with her family, they enjoy the outdoors, hiking, cycling and going on mini adventures! LH enjoys her running and yoga to keep fit, but also loves curling up with a good book



More about LH

Quotes from References

Accuracy / Timeliness and Workload

LH is reliable, timeous and always manages any workload given to her.

Strengths

LH is a brilliant therapist, her assessment, diagnostic and treatment skills are of the highest standard. She is warm and kind to all her patients and has a gentle bedside manner. She is always keen to learn more and do regular courses

Further Comments

LH has been an asset to my practice and has helped run my practice while I have been on maternity leave. She is a phenomenal physio and has the highest personal and professional standards. She has been a total pleasure to work with and we will be heartbroken to lose her.

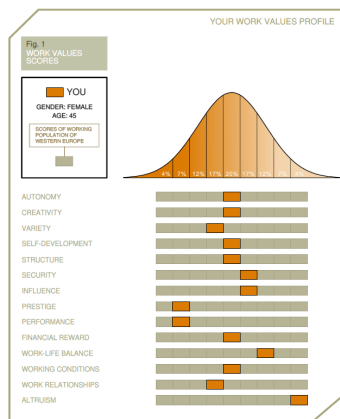
Work Values Assessment

The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:

1. **Autonomy:** The ability to choose for yourself what to do and when to do it.
2. **Creativity:** The opportunity to use imagination at work and come up with new and original things.
3. **Variety:** Working on various thing simultaneously or being part of adventurous or exciting work.
4. **Self-development:** Room for the ambition to develop further both professionally and personally.
5. **Structure:** Fixed routines and activities with clear frameworks and timelines.
6. **Security:** Clarity with regards to financial security and prospects for the future.
7. **Influence:** The opportunity to influence others and contribute to discussions that influence decisions.
8. **Prestige:** Work that gives you standing or status in the community. Being held in high regard.
9. **Performance:** The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
10. **Financial reward:** The ability to earn a good salary.
11. **Work-life balance:** Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
12. **Working conditions:** Work is done in a pleasant environment under favourable working conditions.
13. **Work relationships:** Having pleasant social contact with nice colleagues.
14. **Altruism:** Helping others through the work you do.

Work Values

Work Values Results



LH scored extremely high in Altruism, she is highly devoted to helping other people through their work. LH values striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays. LH would also do well in a position where she can influence or make important decisions.





More about LH

Career Values

Value 1

Independence - People who score high in the Independence cluster should look for jobs where they are left to do things on own initiative. These people also value creativity and the freedom to work alone.

Value 2

Relationships- People who score high in the Relationships cluster should look for jobs where their co-workers are likely to be friendly and supportive. They should also look for work that lets them be of service to others.

Value 3

Achievement- People who score high in the Achievement cluster should look for jobs that let them use their best abilities. It's also important that they look for work where they can see the results of their efforts directly.

Temperament Typology Explained

Temperament Typology

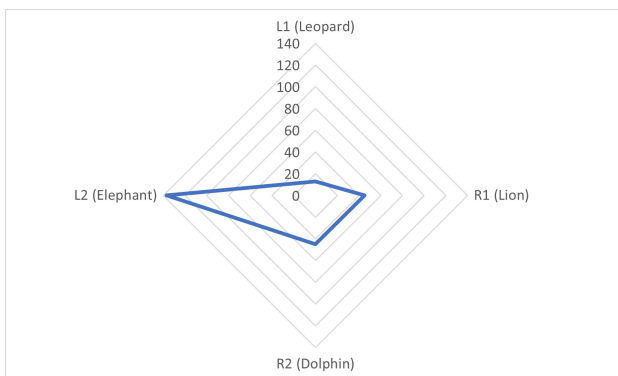
Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

- Leopards (L1) are task-orientated introverts.*
- Lions (R1) are task-orientated extroverts.*
- Dolphins (R2) are people-orientated extroverts.*
- Elephants (L2) are people-orientated introverts.*

LH is an Elephant people-oriented introvert. She is committed and a hard worker. LH is dependable and works well in a team environment.

Temperament Graphic

Temperament Typology Result



L1 (Leopard)	13
R1 (Lion)	45
R2 (Dolphin)	45
L2 (Elephant)	137

