



Ligament

Connections equal strength

Meet our *Superstar* Physio!

JF

Sex

Female

Age Range

31-35

Years Experience

8-10 years

Desired Contract

The Kiwi Package

Qualifications

BSc in Occupational Therapy

MSc in Early Childhood Intervention; MBA

University

Centro Superior De Estudios Universitarios LaSelle, Madrid

Universidad Camilo Jose Cela, Madrid; Esneca Business School, Madrid

Hospital Experience

I have never worked in a hospital.

Private Practise MSK Experience

I have been working for 7.5 years in Social Services/community. I have 3 years experience working in private practice collaborating as a freelancer with a rehabilitation services company based on home therapy. Patients in my private practice requested occupational therapy services. I was in charge of arranging the first interview, assessment, treatment plan, re-evaluation and discharge if applicable. I had meetings with the physiotherapist of the team, if needed, to discuss the objectives to be achieved according to the patient's needs.

Special Interests

I would like to work if possible in Hand Therapy too, as I did a one full year Hand Therapy Course in 2014 through La Salle Centro Universitario.



More about JF

Quotes from References

Accuracy / Timeliness and Workload

JF adapts well to timing sessions and time management with patients, home visits and doing reports.

Strengths

JF has strong communication and problem solving ability skills.

She is patient and persistence. She approves her work with empathy and compassion.

Other Comments

She loves helping people and is a responsible and hardworking person.



CPD Courses

Hand Therapy Course - 2014 La Salle Centro Universitario.

First Aid - 2014 La Salle Centro Universitario

Equality Practice - 2021 Hartford SL

Healthy Back Course - 2023 Hartford SL

Work Values Results

| | |
|-----|--------------------|
| 1. | Work-life balance |
| 2. | Work relationships |
| 3. | Working conditions |
| 4. | Structure |
| 5. | Financial reward |
| 6. | Altruism |
| 7. | Prestige |
| 8. | Security |
| 9. | Influence |
| 10. | Performance |
| 11. | Creativity |
| 12. | Autonomy |
| 13. | Variety |
| 14. | Self-development |

WORK-LIFE BALANCE:

JF likes to strike a good balance between work life and personal life. Flexibility regarding work, rest, and holidays are important and does not like work to interfere with their personal life

WORK RELATIONSHIPS:

JF values having a pleasant social contact with colleagues. They prefer an environment where they can build strong, friendly relationships with co-workers.

WORKING CONDITIONS:

JF enjoys a pleasant environment under favourable working conditions which include clear expectations, frameworks and rules that also apply to managing professional and personal life.



More about JF

Who Am I

I am a person committed to work where I enjoy helping others. I consider myself empathetic, humble, responsible and a people person. I like to work in a team but I am able to organize my own work. I am very sociable, full of energy and enjoy having some quiet times too.

Interests

In my free time, I love being outdoors and staying active. I love hiking, climbing, cycling, running and being at the beach surrounded by my partner, family and friends. Travelling is also one of my main hobbies. I am a big fan of food and different cuisines. It's always a good plan to go out for a delicious dinner. I also love cooking, especially Spanish tapas. I love music, live jazz is just amazing! I like concerts, music festivals and stand up comedy shows. I also enjoy quiet time, I'm a big fan of reading and listening to different podcasts. My favourite things to read are historical novels.

New Zealand Experience

none

Temperament Typology Explained

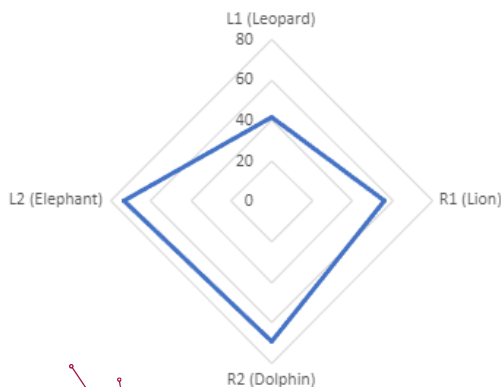
Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

- Leopards (L1) are task-orientated introverts.*
- Lions (R1) are task-orientated extroverts.*
- Dolphins (R2) are people-orientated extroverts.*
- Elephants (L2) are people-orientated introverts.*

Temperament Typology

JF is a self-driven and committed hard worker. She communicates respectfully and listens attentively. JF is a social and outgoing person and also enjoys having an interactive work environment. JF is people focused. She is a participative and collaborative member of the team.

Temperament Graphic



Temperament Typology Result

| | | | | |
|----|----------|----|-----------|-----|
| L1 | Leopard | 42 | Extrovert | 125 |
| R1 | Lion | 56 | Introvert | 115 |
| R2 | Dolphin | 69 | Task | 98 |
| L2 | Elephant | 73 | People | 142 |

