



Ligament

Connections equal strength

Meet our *Superstar* Physio!

RM

Nationality

Male

Age Range

26 - 30

Experience Level

6 - 7 years

Desired Contract

Kea (3 - 6mths)

Clinic Disciplines and Areas of Experience

Musculoskeletal, Sports, Paediatric, Geriatric, Return to work programs, Orthopaedics (pre & post operative), Rehabilitation (vocational / functional), Leading exercise classes, Neurology, On field sports (sports teams), Mentoring juniors

Who am I ?

I'm a qualified physiotherapist, graduating from Sheffield Hallam University in South Yorkshire, UK in 2015. Since completing my degree I have proactively sought opportunities to develop my clinical practice to ensure that I am a well rounded clinician, with experience working with a varied client group.

Initially, post graduation, I began working within the National Health Service in the UK, completing 6 month rotations in a wide range of physiotherapy specialities. I have also worked previously within private physiotherapy clinics, assessing, advising and treating service users recovering from medico legal related injuries, including but not limited to injuries sustained in road traffic incidents. I have also worked within the professional football system for Preston North End FC academy in the North of England. This was a particularly interesting role which involved providing on field and clinic based physiotherapy.

During the covid-19 pandemic, I worked within the hospital setting with geriatric patients as other clinics / sporting activities were limited. I still maintain a strong passion to work in these environments as hopefully the world returns to normal! As an individual, I believe that I am a caring, empathetic and approachable person. I enjoy really getting to know my patients and helping them through their rehabilitation journey. I also have a passion to continue developing clinically as well as helping my colleagues to improve.

Interests

Outside of work I enjoy watching and playing sports, specifically cricket and football (although I believe it is called "soccer" in New Zealand!). I also have played the saxophone since childhood and, more recently, started to attempt to learn the guitar during the UK "lockdown" in 2020. I enjoy exploring the countryside and going on long walks through the forests and hills of the Lake District in northern England.

Physio Interests

My passion has always been to work as a physiotherapist within musculoskeletal and/or neurological rehabilitation environments. Although generally, I have enjoyed all of the areas that I have previously worked within.

CPD to Note

Taping and Strapping, Sports Massage Short Course, Kinesio Taping Fundamental and Intermediate Course, Trauma Medical Management In Football, Back Skills Training, Dementia Training.



More about RM

Quotes from References

Accuracy / Timeliness and Workload

As an experienced physiotherapist Richard assists in coordinating the activities of the team ensuring efficient and effective service provision. He consistently demonstrates his strong communication skills to organize the workload, whilst providing training, supervision and clinical expertise to qualified and unqualified staff and students.

Strengths

As a Senior physiotherapist in this specialty, Richard acts as a role model to the physiotherapy team, promoting quality evidence based practice, developing the physiotherapy team and contributing to the effective management of the team in the absence of the Lead Clinician.

Further Comments

He has excellent clinical skills and a thirst to learn, he is able to apply skills and knowledge confidently in complex situations, but can also recognise situations that are above his level of competency and seek advice. Richard is very professional in his manners and appearance.

Richard is a trustworthy and very approachable individual, he is open and honest, he was a highly regarded member of the team. I wish him all the best in this new chapter of his life and career, I'm sure he will be an asset to your company.

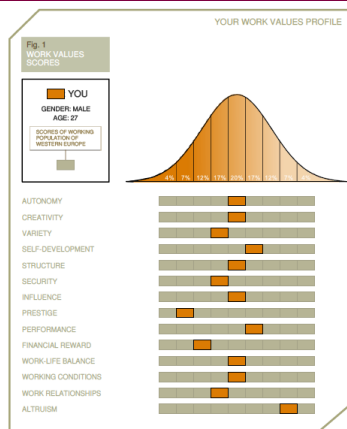
Work Values Assessment

The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:

1. **Autonomy:** The ability to choose for yourself what to do and when to do it.
2. **Creativity:** The opportunity to use imagination at work and come up with new and original things.
3. **Variety:** Working on various things simultaneously or being part of adventurous or exciting work.
4. **Self-development:** Room for the ambition to develop further both professionally and personally.
5. **Structure:** Fixed routines and activities with clear frameworks and timelines.
6. **Security:** Clarity with regards to financial security and prospects for the future.
7. **Influence:** The opportunity to influence others and contribute to discussions that influence decisions.
8. **Prestige:** Work that gives you standing or status in the community. Being held in high regard.
9. **Performance:** The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
10. **Financial reward:** The ability to earn a good salary.
11. **Work-life balance:** Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
12. **Working conditions:** Work is done in a pleasant environment under favourable working conditions.
13. **Work relationships:** Having pleasant social contact with nice colleagues.
14. **Altruism:** Helping others through the work you do.

Work Values

Work Values Results



RM scored highest in Altruism he is highly devoted to helping other people through their work. Performance and Self Development were an equal strong second. RM likes to take the opportunity to demonstrate what he is capable of. Reward and recognition for his efforts. RM has also indicated that continuous personal and professional development is important to him.





More about RM

Career Values

Value 1

Achievement - Wants to see results and get a feeling of accomplishment.

Value 2

Relationships - Likes to work in businesses where staff are friendly and supportive.

Value 3

Support - Thrives when comfortable with the style of management and manager is considerate, competent and has a fair management style.

Temperament Typology Explained

Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

Leopards (L1) are task-orientated introverts.

Lions (R1) are task-orientated extroverts.

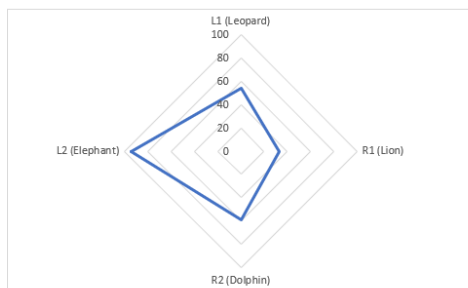
Dolphins (R2) are people-orientated extroverts.

Elephants (L2) are people-orientated introverts.

Temperament Typology

Richard is an Elephant, he likes to do his utmost best to accommodate other people's wishes. He is an outgoing social person. Richard likes to seek facts before making a decision. In conflict, Richard will try and find a compromising solution.

Temperament Graphic



Temperament Typology Result

L1 (Leopard)	54
R1 (Lion)	33
R2 (Dolphin)	59
L2 (Elephant)	94

