



**Ligament**

Connections equal strength

Meet our *Superstar* Physio!

**KB**



**Nationality**

Pakistani Female

**Age Range**

31-35

**Years Experience**

6-7 Years

**Desired Contract**

Permanent

**Location Preferences**

Auckland, Wellington, North Island, Hamilton, Rotorua

**Clinic Disciplines and Areas of Experience**

Musculoskeletal, Yoga, Orthopaedics (pre & post operative), Rehabilitation (vocational / functional)

**CPD and Additional Qualifications**

- Soft Tissue Injuries: When to Refer On Q&A
- Red Flags in Spine Surgery
- UNO Exams Certification
- International Cerebral Palsy Conference (Pakistan)
- IELTS 7.5
- Dubai Health Authority Exam - Passed
- Department of Health Abu Dhabi Exam - Passed

**Who am I ?**

I am an experienced and passionate physiotherapist who thrives in a diverse setting, working with a broad range of patients and conditions. My areas of expertise lie in musculoskeletal and neurological physiotherapy, where I have successfully treated patients with injuries, orthopaedic surgeries, chronic pain, stroke, spinal cord injuries, and Parkinson's Disease. I am dedicated to improving mobility, balance, coordination, and functional abilities in my patients, enabling them to regain their independence and enhance their overall quality of life.

**Interests**

I am a devoted mother of two sons, finding immense joy in their presence. Coffee dates with my husband remain a cherished part of our married life. Treasuring quality time with loved ones, I prioritize treating others with respect and kindness. Recently, I have discovered the life-altering effects of yoga. It has improved my physical well-being while fostering inner peace, mindfulness, and balance. Yoga now plays a vital role in my self-care routine, enabling me to fulfill my responsibilities as a mother and wife while prioritizing my own needs.



# More about KB

## Quotes from References

### Accuracy / Timeliness and Workload

KB is very well managed and organised. She has good time management skills and the ability to multitask. Her accuracy is also remarkable.

### Strengths

KB has a positive attitude and commitment to work. She is a hard worker, is responsible, has a proactive approach to things, is a team player and has good conflict resolution abilities.

### Further Comments

KB can learn and adapt. She can take different roles in a team with a positive attitude.

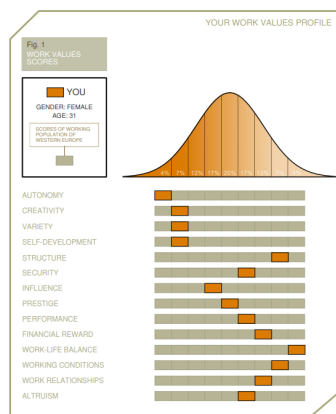
## Work Values Assessment

*The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:*

1. **Autonomy:** The ability to choose for yourself what to do and when to do it.
2. **Creativity:** The opportunity to use imagination at work and come up with new and original things.
3. **Variety:** Working on various thing simultaneously or being part of adventurous or exciting work.
4. **Self-development:** Room for the ambition to develop further both professionally and personally.
5. **Structure:** Fixed routines and activities with clear frameworks and timelines.
6. **Security:** Clarity with regards to financial security and prospects for the future.
7. **Influence:** The opportunity to influence others and contribute to discussions that influence decisions.
8. **Prestige:** Work that gives you standing or status in the community. Being held in high regard.
9. **Performance:** The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
10. **Financial reward:** The ability to earn a good salary.
11. **Work-life balance:** Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
12. **Working conditions:** Work is done in a pleasant environment under favourable working conditions.
13. **Work relationships:** Having pleasant social contact with nice colleagues.
14. **Altruism:** Helping others through the work you do.

## Work Values

## Work Values Results



It is important for KB to strike a good balance between work and personal life and flexibility regarding work, rest, and holidays. KB works well with fixed routines and activities with clear frameworks and timelines and prefers a job with clear frameworks and rules.

KB enjoys working in a pleasant environment under favourable working conditions and prefers a comfortable and pleasant workspace.



# More about KB

## Career Values

### Value 1

#### ACHIEVEMENT

People who score high in the Achievement cluster should look for jobs that let them use their best abilities. It's also important that they look for work where they can see the results of their efforts directly. They should explore jobs where they can get a strong feeling of accomplishment. The personal work needs that correspond to this cluster are Ability Utilization and Achievement.

### Value 2

#### RELATIONSHIP

People who score high in the Relationships cluster should look for jobs where their co-workers are likely to be friendly and supportive. They should also look for work that lets them be of service to others. These people should explore jobs that do not compromise their personal morals, or sense of right and wrong. The personal work needs that correspond to this cluster are Co-workers, Moral Values and Social Service.

### Value 3

#### SUPPORT

People who score high in the Support cluster should look for jobs where the company stands behind its workers and where the workers are comfortable with management's style of supervision. These people should explore work in companies with a reputation for competent, considerate and fair management.

## Temperament Typology Explained

Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

*Leopards (L1) are task-orientated introverts.*

*Lions (R1) are task-orientated extroverts.*

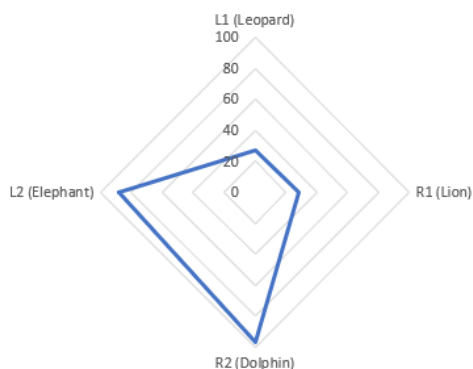
*Dolphins (R2) are people-orientated extroverts.*

*Elephants (L2) are people-orientated introverts.*

## Temperament Typology

KB will follow the leader and listen to others in problem solving, she is enthusiastic and helpful, a people pleaser. In conflict she will point out the logic and benefits of the situation and will probably let others have their way to preserve the relationship. She is an organiser, focused, committed, task oriented and results driven meaning she is a committed hard worker and process oriented.

## Temperament Graphic



## Temperament Typology Result

L1	Leopard	27	Extrovert	125
R1	Lion	28	Introvert	115
R2	Dolphin	97	Task	55
L2	Elephant	88	People	185

