



Ligament

Connections equal strength



Meet our *Superstar* Physio!

MP

Nationality

South African

Female

Age Range

20 - 25

Years Experience

New Grad - 3 years

Desired Contract

The Kiwi Package

Location Preferences

Otago Region, Tauranga, Dunedin

Clinic Disciplines and Areas of Experience

Musculoskeletal, Sports, Paediatric, Orthopaedics (pre & post operative), Leading exercise classes, Neurology, On field sports (sports teams)

CPD and Additional Qualifications

The Shoulder: Too Tight, Too Loose or Impinging
Strapping & Taping

Who am I ?

I am analytical and inquisitive which allows me to ask questions and encourages me to find solutions in the work setting and my personal life. Learning and reading was highly promoted for me growing up, which has allowed me to widen my knowledge in different fields. I come off as reserved and shy when I am in a new environment, but I adapt very quickly. I am a social being who loves interacting with my environment and the people around me. Even when I am far from home, I make time for my loved ones as I understand their importance in my life. I value honesty, efficiency, my personal space, and others' space.

I am dedicated to the well-being of those I interact with as a therapist and aim to collaborate with everyone who can ensure their functionality and quality of life. I aspire to show my caring and compassionate nature and give people a piece of 'Matshepo' in all that I do. (Matshepo means hope)

Interests

I am a sports fan and enjoy watching cricket, rugby, soccer, and motorsports. I aim to join a social action Netball team. I enjoy being outdoors, either having an adventure or exploring my environment. When I'm not outdoors, I'm cooking, baking, or reading. I'm a terrible singer and an average dancer but it doesn't stop me from doing them.

Special Interests

I am interested in orthopaedics, on-field sports as well as sports injuries. I also aim to start my Masters (interest in sports) in 2025.



More about MP

Quotes from References

Accuracy / Timeliness and Workload

MP is someone who would come to work an hour early and prepare for her patient. She also does her research for her treatment to evidence base.

Strengths

MP is a very friendly and passionate person and is able to lift up any room upon entering. She has a big welcoming smile and cares deeply for her patients. She is a hard working, energetic and goal orientated therapist, who communicates well with people and will go the extra mile to work towards a common goal. She is a great team player and asset to any team.

Further Comments

MP was a blessing to have on the team. She is that person who we didn't want to let go. Even to this day, MP is still in our minds 2 years after working with her.

Work Values Assessment

The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:

- 1. Autonomy:** The ability to choose for yourself what to do and when to do it.
- 2. Creativity:** The opportunity to use imagination at work and come up with new and original things.
- 3. Variety:** Working on various things simultaneously or being part of adventurous or exciting work.
- 4. Self-development:** Room for the ambition to develop further both professionally and personally.
- 5. Structure:** Fixed routines and activities with clear frameworks and timelines.
- 6. Security:** Clarity with regards to financial security and prospects for the future.
- 7. Influence:** The opportunity to influence others and contribute to discussions that influence decisions.
- 8. Prestige:** Work that gives you standing or status in the community. Being held in high regard.
- 9. Performance:** The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
- 10. Financial reward:** The ability to earn a good salary.
- 11. Work-life balance:** Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
- 12. Working conditions:** Work is done in a pleasant environment under favourable working conditions.
- 13. Work relationships:** Having pleasant social contact with nice colleagues.
- 14. Altruism:** Helping others through the work you do.

Work Values Results

MP highly values security, especially when it comes to financial stability, and clarity about prospects for the future. She strikes a good balance between work and personal life. She is flexible regarding work, rest, and holidays. She values work that gives her standing or status in the community and likes to be held in high regard.





More about MP

Career Values

Value 1

RECOGNITION:

People who score high in the Recognition cluster should explore jobs with good possibilities for advancement. They should look for work with prestige or with the potential for leadership. These people value status and should look towards careers that fulfil that need.

Value 2

RELATIONSHIPS:

People who score high in the Relationships cluster should look for jobs where their co-workers are likely to be friendly and supportive. They should also look for work that lets them be of service to others. These people should explore jobs that do not compromised their personal morals, or sense of right and wrong.

Value 3

SUPPORT:

People who score high in the Support cluster should look for jobs where the company stands behind its workers and where the workers are comfortable with management's style of supervision. These people should explore work in companies with a reputation for competent, considerate and fair management.

Temperament Typology Explained

Temperament Typology

Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

Leopards (L1) are task-orientated introverts.

Lions (R1) are task-orientated extroverts.

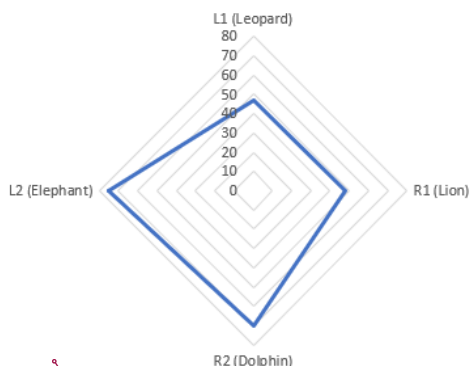
Dolphins (R2) are people-orientated extroverts.

Elephants (L2) are people-orientated introverts.

MP will ask the tough questions and will challenge others in problem solving, she is dependable and will collaborate in team. MP is participative and a enthusiastic team member, she is a patient, clear and detailed communicator.

Temperament Graphic

Temperament Typology Result



L1	Leopard	47	Extrovert	118
R1	Lion	48	Introvert	122
R2	Dolphin	70	Task	95
L2	Elephant	75	People	145

