



Ligament

Connections equal strength

Meet our *Superstar* Physio!

HAR

Sex

Male

Age Range

31-35

Years Experience

4-5 years

Desired Contract

The Kiwi Package

Qualifications

Doctor of Physiotherapy

Masters of Science in Neuromuscular Physiotherapy

University

University of Sargodha

Ripah International University

Hospital Experience

I have six years of experience working in a tertiary care teaching hospital in Pakistan, where I served as a physiotherapist. My role primarily involved providing physiotherapy in the outpatient department (OPD). In the OPD, I had direct access to patients, apart from referrals, and worked as an autonomous practitioner. Additionally, I provided inpatient physiotherapy on rotations. My roles included conducting comprehensive assessments and formulating individualized treatment plans for patients.

Private Practise MSK Experience

I have six years of experience working in a tertiary care teaching hospital in Pakistan, where I served in the OPD. I had direct access to patients, apart from referrals, and worked as an autonomous practitioner. During my time at the hospital, I was responsible for various administrative tasks, including booking, billing, and rebooking patients. I am confident in handling these responsibilities efficiently and effectively. I was also involved in mentoring undergraduate physiotherapy students. I am confident that my clinical experience, administrative skills, and mentoring background will help me adapt quickly to a private practice environment.

Special Interests

I have a keen interest in various fields of physiotherapy, with a particular focus on musculoskeletal (MSK) physiotherapy, neurological physiotherapy, pediatrics, and sports physiotherapy. Throughout my career, I have dedicated time to studying and gaining experience in these areas, allowing me to develop a comprehensive understanding and proficiency. I am enthusiastic about applying my knowledge and skills in these special interest areas to provide the best possible care to my patients.



More about HAR

Quotes from References

Accuracy / Timeliness and Workload

HAR has excellent accuracy and time management skills. His attention to detail with patient management is noteworthy.

Strengths

HAR has effective communication skills, strong work ethic and genuine passions for physiotherapy. His commitment to staying updated with the latest advancements in the field and fostering a positive team environment is commendable.

Other Comments

HAR has good interpersonal skills and sound clinical reasoning skills and evidence based practices.



CPD Courses

Framework for the Management of Spinal Cord Injury
Rehabilitation and Management of Patients with Spina Bifida
Physical Therapy Rehabilitation of Patients with Multiple Sclerosis
Physiotherapy Management of Patients with Guillain–Barré Syndrome
Management of Spastic Cerebral Palsy
Certified Fitness Trainer by the International Sports Science Association (ISSA)
Online Workshop on CPR by the International Sports Science Association (ISSA)
Certificate of Participation in Physiotherapy Rehabilitation in ICU
Online Workshop on the Role of Primary Health Care in the Context of the COVID-19 Pandemic by the World Health Organization (WHO)

Work Values Results

1. Altruism
2. Structure
3. Work relationships
4. Working conditions
5. Prestige
6. Variety
7. Performance
8. Work-life balance
9. Security
10. Influence

ALTRUISM:

HAR enjoys helping others through the work that they do. They are highly devoted to helping other people through their work.

STRUCTURE:

HAR enjoys structure, fixed routines and activities with clear frameworks and timelines and prefers a job with clear expectations and rules.

WORKING RELATIONSHIPS:

HAR enjoys having a pleasant social contact with colleagues. They prefer an environment where they can build strong, friendly relationships with co-workers and prefers a work collaboration and participation in a team.



More about HAR

Who Am I

I am a physiotherapist with six years of experience and a Master's in Neuromuscular Physiotherapy. I've been working at a tertiary care teaching hospital in Lahore, Pakistan, where I've honed my skills in treating complex neuromuscular conditions. I'm all about learning new things and improving myself, both in my career and in my personal life.

New Zealand/Australia Experience

None

Temperament Typology Explained

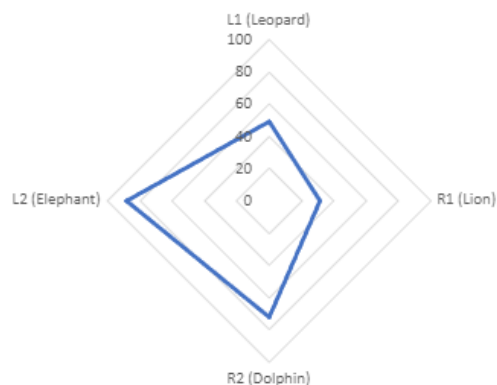
Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

- Leopards (L1) are task-orientated introverts.*
- Lions (R1) are task-orientated extroverts.*
- Dolphins (R2) are people-orientated extroverts.*
- Elephants (L2) are people-orientated introverts.*

Temperament Typology

HAR is a focus, committed and task oriented individual. He is motivated by order and certainty. He seeks information and facts before making a decision. HAR is consistent, patient and clear communicator. He gives clear and detailed feedback.

Temperament Graphic



Temperament Typology Result

L1	Leopard	49	Extrovert	103
R1	Lion	31	Introvert	137
R2	Dolphin	72	Task	80
L2	Elephant	88	People	160

