Ligament
Connections equal strength

Meet our *Superstar* Physio!

HM

Nationality	Age Range	Experience Level	Desired Contract
South African Female	26 - 30	6 - 7 years	Kiwi (to 12months)

Clinic Disciplines and Areas of Experience

Musculoskeletal, Women's health, Paediatric, Geriatric, Return to work programs, Orthopaedics (pre & post operative), Cardiorespiratory, Rehabilitation (vocational / functional), Neurology

Who am I ?

The reason HM decided to study physiotherapy came after seeing a neurologically impaired patient walking for the first time after a three-month hospital stay. HM's passion for physiotherapy and neurological rehabilitation was evoked right there and then.
HM's passion for the management of pain conditions and for in-hospital physiotherapy came only after working for a few years in the acute hospital and out-patient settings.
HM thinks she finally realized why she became a physiotherapist more recently: she has a gift. A gift with people and a need to help others. She is a physiotherapist who treats a person as a whole and not just their condition.
HM is a creative problem solver, which shows in her love for creating crafty things outside of work, but she also finds creative ways to help a client with their needs at work.
HM grew up on a farm in sunny South Africa and love the outdoors. HM has a bubbly personality and a positive outlook on life.

Interests

You can probably find HM hiking or fishing but she would be just as happy taking it slow drinking good coffee and reading a thick book in her spare time. HM is a creative being and loves getting her hands dirty with any form of art.
HM has a desire to learn new things, which can be seen by the stack of books next to her bed. These include fiction, non-fiction and self help books, all being read at the same time. If she doesn't know how to do something, she will find a book to teach me how.

More about HM

Quotes from References

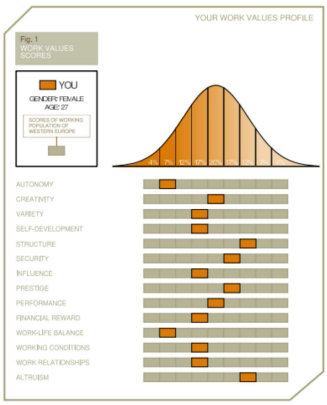
Accuracy / Timeliness and Workload	Good. She coped well and was able to attend to all her duties timeously. She was able to contribute to the team and was able to cope with her patients and all the requirements as per her job description.
Strengths	Strengths would be enthusiasm, hardworking, energetic and team focused. Friendly and outgoing, hard-working.
Further Comments	She is a great young physio and will Excell in whatever she commits to. We wish her all the best.

Work Values Assessment

The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:

1. **Autonomy:** The ability to choose for yourself what to do and when to do it.
2. **Creativity:** The opportunity to use imagination at work and come up with new and original things.
3. **Variety:** Working on various thing simultaneously or being part of adventurous or exciting work.
4. **Self-development:** Room for the ambition to develop further both professionally and personally.
5. **Structure:** Fixed routines and activities with clear frameworks and timelines.
6. **Security:** Clarity with regards to financial security and prospects for the future.
7. **Influence:** The opportunity to influence others and contribute to discussions that influence decisions.
8. **Prestige:** Work that gives you standing or status in the community. Being held in high regard.
9. **Performance:** The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
10. **Financial reward:** The ability to earn a good salary.
11. **Work-life balance:** Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
12. **Working conditions:** Work is done in a pleasant environment under favourable working conditions.
13. **Work relationships:** Having pleasant social contact with nice colleagues.
14. **Altruism:** Helping others through the work you do.

Work Values



Work Values Results

HM Scores highly in Altruism people who score highly in this are highly devoted to helping other people through their work. HM also values structure in her work day, she prefers a job with clear frameworks and rules. HM also values security, especially when it comes to financial stability, and clarity about prospects for the future.

More about HM

Career Values

Value 1	Relationships- These people look for work that lets them be of service to others.
Value 2	Independence - They should look for work with prestige or potential for leadership.
Value 3	Achievement - It is important that these people who score highly in achievement look for work where they directly see the results of there work.

Temperament Typology Explained

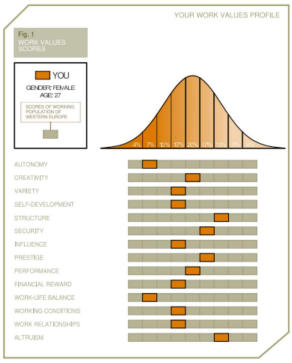
Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

Leopards (L1) are task-orientated introverts.
Lions (R1) are task-orientated extroverts.
Dolphins (R2) are people-orientated extroverts.
Elephants (L2) are people-orientated introverts.

Temperament Typology

HM is an introverted people orientated individual. She is focused, committed, task oriented and results driven. She is very patient and is a clear communicator. She communicates with facts and to the point and is not afraid to ask for help where needed.

Temperament Graphic



Temperament Typology Result

L1 (Leopard)	62
R1 (Lion)	32
R2 (Dolphin)	49
L2 (Elephant)	95

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