



**Ligament**

Connections equal strength

Meet our *Superstar* Physio!

**BV**

#### Nationality

South African Female

#### Age Range

20 - 25

#### Experience Level

4 - 5 years

#### Desired Contract

Kiwi (to 12months)

### Clinic Disciplines and Areas of Experience

Musculoskeletal, Sports, Paediatric, Geriatric, Pilates, Orthopaedics (pre & post operative), Cardiorespiratory, Rehabilitation (vocational / functional), Leading exercise classes, Neurology

### Who am I ?

BV has two very distinct missions in life. The first mission is to empower others. BV loves helping people and empowering them with knowledge and skills. She is a more silent person, who observes and attentively listens with compassion. BV tries and makes use of this skill for assessing and treating patients. These traits also make her a trustworthy and encouraging friend and colleague.

Her second mission is to grow as a person. She loves to challenge herself by learning about new cultures, embarking on new adventures and learning new skills. The challenges she faces outside her comfort zone make her grow as a person and professional.

BV would describe herself as an inquisitive lifelong learner. She loves Physiotherapy for its diversity and the ever-evolving evidence. BV enjoys working in many different fields in Physiotherapy and would like to master a few.

The foundation for her sense of adventure is her supportive and encouraging family and friends. BV values spending quality time with them and making many new friends on the way.

Being mindful and living an active and balanced life is important to her.

### Interests

BV enjoys living an active and balanced lifestyle. She loves being active and sharing her passion for movement with others. Aside from teaching Pilates, BV enjoys doing Pilates, swimming and going on walks alone and with friends. BV would love to start dancing again.

BV re-energises in nature. She loves being outdoors, going for hikes, camping or exploring the wonders of nature. BV would love to master a few more outdoor activities, like kayaking and rock climbing.

BV would love to be more creative. She enjoys challenging her creativity by creating different crafts, building projects and needlework.

BV enjoys getting to know new people and value quality time with family and friends.



# More about BV

## Quotes from References

### Accuracy / Timeliness and Workload

Accuracy and timeliness: good  
 Workload: patient load was at stages low, she would help out throughout the hospital with other activities, reading up, and gave talks.  
 At the clinics the patient load was often higher, however, she ensured to spend enough time with each patient to ensure a thorough evaluation and treatment.

### Strengths

Strengths: accurate and timely with administrative task, exploring all possibilities to assist a patient, good ethical behavior, good clinical reasoning, eager to learn, good sense of responsibility.

### Further Comments

I would strongly recommend her for any post as she is a good candidate and will be of great value to any institution.

## Work Values Assessment

*The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:*

1. **Autonomy:** The ability to choose for yourself what to do and when to do it.
2. **Creativity:** The opportunity to use imagination at work and come up with new and original things.
3. **Variety:** Working on various thing simultaneously or being part of adventurous or exciting work.
4. **Self-development:** Room for the ambition to develop further both professionally and personally.
5. **Structure:** Fixed routines and activities with clear frameworks and timelines.
6. **Security:** Clarity with regards to financial security and prospects for the future.
7. **Influence:** The opportunity to influence others and contribute to discussions that influence decisions.
8. **Prestige:** Work that gives you standing or status in the community. Being held in high regard.
9. **Performance:** The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
10. **Financial reward:** The ability to earn a good salary.
11. **Work-life balance:** Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
12. **Working conditions:** Work is done in a pleasant environment under favourable working conditions.
13. **Work relationships:** Having pleasant social contact with nice colleagues.
14. **Altruism:** Helping others through the work you do.

## Work Values



## Work Values Results

BV Scores high in work relationships she prefers an environment where she can build strong, friendly relationships with co-workers. BV values self-development and indicates that continuous personal and professional development is important to her.





# More about BV

## Career Values

### Value 1

Support- These people look for jobs where the company stands behind it's workers and where the workers are comfortable with management's style of supervision.

### Value 2

Achievement - They should look for work with prestige or with the potential for leadership.

### Value 3

Relationships - People who score highly in relationships look for work where their co-workers are likely to be friendly and supportive

## Temperament Typology Explained

## Temperament Typology

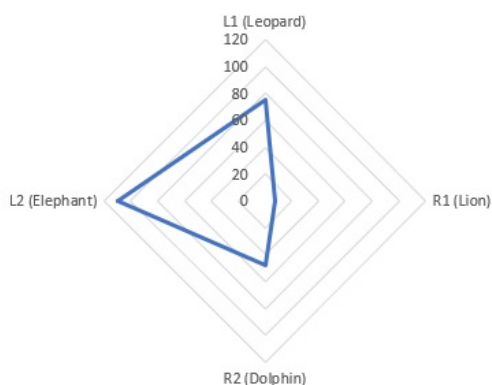
Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

- Leopards (L1) are task-orientated introverts.*
- Lions (R1) are task-orientated extroverts.*
- Dolphins (R2) are people-orientated extroverts.*
- Elephants (L2) are people-orientated introverts.*

BV is an Elephant , people orientated introvert. She likes an orderly, secure, organised work environment. She seeks info and facts before making any decisions.

## Temperament Graphic

## Temperament Typology Result



Leopard (L1)	75
Lion (R1)	8
Dolphin (R2)	48
Elephant (L2)	109

