



Ligament
Connections equal strength



Meet our *Superstar* Physio!

LM

Sex

Male

Age Range

26 - 30

Years Experience

4-5 years

Desired Contract

The Fantail Package

Qualifications

Bachelor of Science in Sport and Exercise Science

Masters in Science in Physiotherapy

University

Abertay University

Glasgow Caledonian University

Hospital Experience

I have 1 year of hospital experience. I did rotations in ortho, respiratory and care of the elderly, all of which were 4 months rotations.

Private Practise MSK Experience

I have 2 years of outpatient MSK physiotherapy. I also worked in a private clinic in London called FIT8, working as a functional rehab coach which was more or less delivering the treatment side of a physio consultation when it came to exercise prescription. I also worked for 2 seasons with West of Scotland rugby as a sports physio which is the closest I've been to working in a private setting as a practicing physiotherapist. I have recently finished with the National Health Service Scotland as an MSK physio. I did this in preparation for New Zealand and also I want to see a bit of Europe before leaving (have hit up Majorca, Spain and Corfu, Greece already!)

Special Interests

I have an interest in sports physiotherapy.



More about LM

Quotes from References

Accuracy / Timeliness and Workload

LM has very good time management. He continues to work on his skills and evidence based management of his patients. He maintains a full clinical caseload and seeks advice when required.

Strengths

LM gets on very well with his patients and builds good relationships and has had positive feedback. Fits in well with the team.

Other Comments

LM has good clinical reasoning skills and interpersonal skills.



CPD Courses

IST training presentations - Music therapy in stroke patients, Microdiscectomies and Knee OA.
Static post promotion to MSK - January 2023.
Sports physio role with West of Scotland Rugby Club 2021-2023 (pitch side first aid qualification 2021).

Work Values Results

1. Work-life balance
2. Working conditions
3. Work relationships
4. Prestige
5. Performance
6. Structure
7. Security
8. Influence
9. Financial reward
10. Creativity

WORK-LIFE BALANCE:

LM likes to strike a good balance between work life and personal life. Flexibility regarding work, rest, and holidays are important and does not like work to interfere with their personal life.

WORKING CONDITIONS:

LM enjoys a pleasant environment under favourable working conditions which include clear expectations, frameworks and rules that also apply to managing professional and personal life.

WORK RELATIONSHIPS:

LM values having a pleasant social contact with colleagues. They prefer an environment where they can build strong, friendly relationships with co-workers.



More about LM

Who Am I

I am a very enthusiastic physiotherapist who is keen to practice and enhance my MSK physiotherapy abilities. I would like to do this in a sports context, preferably working with tennis players. I am a very keen tennis player, but love/participate in other sports as well. Outwith the work side of things. I am an avid explorer, outdoorsy individual and am heavily in touch with my music. I DJ regularly alongside my friend Richard.

New Zealand Experience

None

Temperament Typology Explained

Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

Leopards (L1) are task-orientated introverts.

Lions (R1) are task-orientated extroverts.

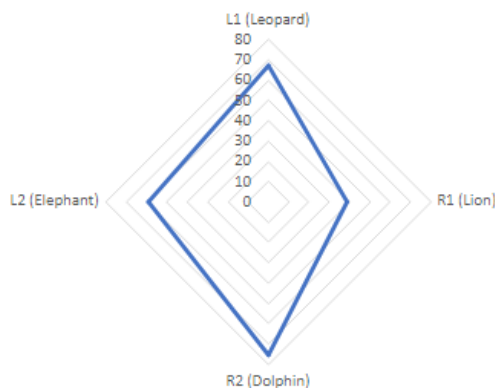
Dolphins (R2) are people-orientated extroverts.

Elephants (L2) are people-orientated introverts.

Temperament Typology

LM is motivated by results and producing good quality work. He is responsible, self-driven and able to work independently. LM is an outgoing and social person. LM is people focused and enjoys excitement and having fun. LM is an enthusiastic and helpful person.

Temperament Graphic



Temperament Typology Result

L1	Leopard	67	Extrovert	114
R1	Lion	39	Introvert	126
R2	Dolphin	75	Task	106
L2	Elephant	59	People	134

