





# Meet our Superstar Physio!

# CM

Nationality	Age Range	Years Expereience	<b>Desired Contract</b>

Indian 41 - 45 14-17 years The Kiwi Package

#### **Location Preferences**

Auckland, Marlborough / Nelson / Tasman Regions, Whangarei

# **Clinic Disciplines and Areas of Experience**

Musculoskeletal, Orthopaedics (pre & post operative), Working within a gym setting

#### **CPD**

Dry Needling – Cervical and Shoulder Region (November 2008) Dry Needling – Lumbar and Sacroiliac region (October 2008) Strapping techniques Functional Capacity Evaluation

#### Who am I?

I completed my undergraduate studies in India in 2001. I worked in a multidisciplinary team managing patients in both the in-patient and outpatient settings for 5 years thereafter. In 2008, I moved to South Africa and I have been working as a physiotherapist in both in-patient and outpatient settings for the past 15 years. I am an energetic physiotherapist, who is able to work independently as well as within a team.

### **Special Interests**

Musculoskeletal injuries and rehabilitation Post-Orthopaedic surgeries

#### **Interests**

My interests outside of work include singing, dancing and travelling.



# More about CM

#### **Quotes from References**

# Accuracy / Timeliness and Workload

CM managed her time very well, learners were seen on time, or rescheduled were things came up out of her control. Managing a large caseload, she prioritized well in order to see all the required learners. Administrative tasks were done well, and promptly, I cannot recall a time where they were late or incorrect. CM has excellent time management and accuracy.

#### **Strengths**

CM has good clinical skills working with our learners with special needs, she has good communication skills, her administration was accurate and timeous, she worked independently managing her program, but also works well in a team. CM has good inter personal and communication skills, good clinical reasoning, empathy towards clients

#### **Other Comments**

CM is a very professional and effective therapist. CM goes over and above than what is expected from her.

# **Work Values Assessment**

The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:

- 1. Autonomy: The ability to choose for yourself what to do and when to do it.
- 2. Creativity: The opportunity to use imagination at work and come up with new and original things.
- 3. Variety: Working on various thing simultaneously or being part of adventurous or exciting work.
- 4. Self-development: Room for the ambition to develop further both professionally and personally.
- 5. Structure: Fixed routines and activities with clear frameworks and timelines.
- 6. Security: Clarity with regards to financial security and prospects for the future.
- 7. Influence: The opportunity to influence others and contribute to discussions that influence decisions.
- 8. Prestige: Work that gives you standing or status in the community. Being held in high regard.
- 9. Performance: The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
- 10. Financial reward: The ability to earn a good salary.
- 11. Work-life balance: Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
- 12. Working conditions: Work is done in a pleasant environment under favourable working conditions.
- 13. Work relationships: Having pleasant social contact with nice colleagues.
- 14. Altruism: Helping others through the work you do.

# **Work Values Results**

1.	Work relationships		
2.	Altruism		
3.	Working conditions		
4.	Performance		
5.	Work-life balance		
6.	Structure		
7.	Financial reward		
8.	Security		
9.	Prestige		
10.	Variety		
11.	Self-development		
12.	Creativity		
13.	Influence		
14.	Autonomy		

#### WORK RELATIONSHIPS:

CM enjoys having a pleasant social contact with colleagues. They prefer an environment where they can build strong, friendly relationships with co-workers and prefer a work collaboration and participation in a team.

#### ALTRUISM:

CM enjoys helping others through the work that they do. They are highly devoted to helping other people through their work.

#### WORK CONDITIONS:

CM enjoys a pleasant environment under favourable working conditions which include clear expectations, frameworks and rules that also apply to managing professional and personal life.



# More about CM

### Qualifications

Under Graduate University

The Tamil Nadu Dr MGR Medical University

Qualification

Bachelor of Physiotherapy

Post Graduate University

N/A

Qualification

N/A

# **Temperament Typology Explained**

### **Temperament Typology**

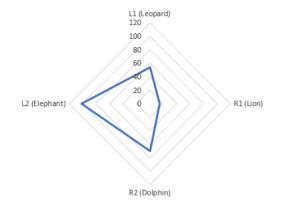
Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

Leopards (L1) are task-orientated introverts.
Lions (R1) are task-orientated extroverts.
Dolphins (R2) are people-orientated extroverts.
Elephants (L2) are people-orientated introverts.

CM is patient, cleared and detailed communicator. CM is a social, accommodating and warm-hearted person. CM is committed, responsible and process-orientated. She enjoys participating in group work and is a good team member. CM will try and find a comprising solution while also trying to accommodate other person's in conflict situations.

### **Temperament Graphic**

# **Temperament Typology Result**



L1	Leopard	54	Extrovert	85
R1	Lion	15	Introvert	155
R2	Dolphin	70	Task	69
L2	Elephant	101	People	171



