



Meet our *Superstar* Physio!

OY



Sex	Age Range
Male	26 - 30
Level Experience	Desired Contract
Level 3 - 7-10 points	The Fantail Package

Qualifications

Bachelor of Science in Neuroscience (Honours) (2018)
Masters of Science in Physiotherapy (Pre-registration) (2022)

University

University of Dundee, Scotland
Glasgow Caledonian University, Scotland

Points System

Criteria	Years Experience	Points	Total
Fast Track Country Experience (Ireland, UK, Canada, South Africa) + Australia and USA	0 - 1	1	2
	2 - 4	2	
	5 - 7	4	
	8 - 10	6	
	11 - 13	8	
	14 - 17	10	
	18+	12	
Private Practise Musculoskeletal Experience	Years Experience	Points	Total
	0 - 1	0	2
	2 - 3	1	
	4 - 5	2	
	6 - 7	3	
	8 - 9	4	
	10+	5	
Post Grad Experience	Years Experience	Points	Total
	0 - 4	1	1
	5 - 10	2	
	11+	3	
New Zealand Experience	Months Experience	Points	Total
	0 - 6	1	0
	7 - 12	2	
	13 - 18	4	
	19 - 24	6	
Ligament Experience	Months Experience	Points	Total
	0 - 6	1	0
	7 - 12	2	
	13 - 18	3	
	19 - 24	4	
Post Grad Qualifications	Courses	Points	Total
	Post Grad Courses	1	0
	Post Grad Certificate	2	0
	Post Grad Diploma	3	0
	Post Grad Masters	4	4
Total:			9

Work History

OY is a senior neuro-physiotherapist with specialized expertise in Multiple Sclerosis, stroke, and a wide array of complex neurological conditions. Having practiced across NHS inpatient wards, outpatient clinics, and third-sector charitable organizations, he possesses a diverse clinical skillset. He excels at empathetic listening, motivational interviewing, collaborative goal setting, neurological evaluation, creative exercise prescription, and multi-disciplinary caseload management.

Work Experience

Senior Neuro-physiotherapist | Revive MS Support | December 2024 – Present

In this specialized role, OY manages new client evaluations, exercise prescription, follow-up reviews, and external NHS liaison for individuals with Multiple Sclerosis. He has led service development projects, including modernizing gym equipment, introducing strength and conditioning frameworks into exercise groups, delivering education for newly diagnosed clients, and transitioning waiting lists to a direct booking system that reduced wait times and elevated client satisfaction. His responsibilities also encompass staff supervision, student mentorship, and leading informational sessions for support groups.

Rotational Physiotherapist | NHS Greater Glasgow and Clyde | July 2022 – December 2024

Across his NHS rotations, OY delivered care across diverse acute and rehabilitation settings:

- Hyper-Acute Stroke Ward (6 Months): Conducted immediate assessments, early mobilization, spasticity/subluxation management, and discharge planning following acute stroke admissions.
- Neurological Rehab Unit (6 Months): Managed complex conditions (MS, TBI, transverse myelitis, brain tumor surgeries, cerebral palsy, FND) through hands-on facilitation, home visits, and multi-disciplinary team (MDT) collaboration.
- Orthopedics (4 Months): Managed post-operative elective joint replacements and slow-stream trauma rehabilitation while leading pre-operative patient education seminars.
- Geriatric Orthopedic Rehab (4 Months): Managed slow-stream trauma wards for elderly patients, focusing on prioritization, MDT discharge planning, and expectation management.
- MSK & Hydrotherapy Outpatients (6 Months): Delivered individual outpatient MSK care and instructed tailored water-based rehabilitation programs.
- Respiratory On-Call (Continuous): Provided emergency out-of-hours respiratory care in ICU and high-dependency environments, utilizing suctioning, positional drainage, and airway clearance.

Areas of Skills and Expertise

Neurology: Advanced Experience Level

OY brings extensive experience across outpatient Multiple Sclerosis (MS) services, hyper-acute stroke wards, slow-stream stroke rehabilitation, and inpatient neurological units. He is proficient in initial neurological evaluations, disease progression monitoring, hands-on facilitation, tone/spasticity management, and exercise prescription to reduce barriers to functional participation.

Orthopedics: Advanced Experience Level

Experienced in managing both elective and acute trauma presentations, OY delivers pre- and post-operative management for total knee and hip arthroplasties. He conducts pre-operative education sessions and oversees downstream rehabilitation for major trauma patients.

Geriatrics: Advanced Experience Level

OY is skilled in early mobilization for acutely unwell elderly patients, delirium monitoring, falls prevention, and complex discharge planning. His background includes home assessments and prior employment in care home environments before completing his physiotherapy degree.

Cardiorespiratory: Advanced Experience Level

With multiple years of acute on-call respiratory physiotherapy experience, OY manages critical care and ICU call-outs. He is proficient in airway clearance techniques, positional drainage, manual/mechanical suctioning, and recognizing deteriorating patients.

Musculoskeletal (MSK): Intermediate Experience Level

OY offers hospital outpatient and third-sector MSK experience. He delivers initial assessments, tracks progress using standardized outcome measures, applies the biopsychosocial model to care, manages onward referrals, and designs tailored aquatic (hydrotherapy) rehabilitation programs.

Gym Instruction & Group Exercise Leadership: Advanced Experience Level

OY regularly works with clients in 1:1 and group exercise settings. He possesses strong coaching skills, delivers constructive performance feedback, provides motivational guidance, and designs novel, functional exercise programs.

Mentoring Juniors: Intermediate Experience Level

OY has mentored BSc and MSc physiotherapy students across NHS inpatient and third-sector outpatient services, alongside supervising healthcare support workers and observing students from nursing and paramedic disciplines. He guides students in clinical reasoning, assessment, documentation, and outcome measure application.

Private Practise MSK Experience

OY brings two years of outpatient practice within a charitable trust framework. He independently manages a complex MSK and neurological caseload, utilizing standardized outcome measures and a client-centered, collaborative approach to treatment and goal setting. He maintains close interdisciplinary communication with speech and language therapy, nursing, continence, and counseling teams, ensuring timely referrals and seamless continuity of care.

Hospital Experience

With over two years of NHS hospital experience, OY is well-versed in ward-based acute care, complex multi-disciplinary discharge planning, pre-discharge home visits, and interdepartmental treatment sessions. His hospital background is complemented by his active participation on acute respiratory on-call rotas, where he managed critical care triage, airway clearance, and ventilated/non-ventilated patient care.

CPD Courses

Certified Courses: MS Get a Head Start; MS GHS Ultimate MS Mobility; Moving and Assisting of People; Basic Life Support Training; Sports Massage.

Conferences: National MS Management Conference (2025, Glasgow).

CPD Modules: Shoulder Assessment & Treatment Clinical Reasoning; Carpal Tunnel Syndrome; Fall Prevention Through Exercise; Introduction to Reactive Balance Training; Fall Prevention Strategies & Home Modification; Adult Support & Protection; Prevention & Management of Aggression & Violence.

Webinars: Neuropalliative Care and the Law; Advances in MRI for MS Diagnosis; Implementing the 2024 McDonald Criteria in the NHS.

Who am I?

OY is a dedicated clinician who grew up on a working sheep farm in Ireland and matured in Scotland alongside a younger sibling and foster children. This early upbringing instilled in him a strong work ethic, reliability, and a natural ability to set a positive example for others. He is driven and measured when handling complex clinical scenarios, balanced by an easygoing nature, a lighthearted perspective, and an approachable demeanor.

Having grown up surrounded by countryside and coastal waters, OY possesses a lifelong passion for outdoor adventure and exploring new environments.

Engaged in sports since age five through rugby, OY maintains a highly active lifestyle aimed at testing and expanding his physical capabilities. His current pursuits include CrossFit, road, gravel, and mountain biking, mountain running, wilderness hiking and camping, paddle boarding, surfing, open-water swimming, and squash. He also enjoys solo traveling, connecting with friends locally and globally, diving into sci-fi and fantasy literature, exploring coffee brewing techniques, discovering diverse cuisines, and amateur photography.

Quotes from References

The candidate consistently demonstrates reliability through a strong commitment to his role, showcasing punctuality and attendance in his work. His ability to build relationships and maintain a positive attitude further underscores his consistent presence and dependability as a team member.

The candidate has demonstrated exceptional timeliness and reliability, consistently arriving punctually and managing his workload efficiently in a fast-paced environment. His strong attendance and ability to prioritize effectively ensured timely treatment for both staff and artists, reflecting his commitment to professionalism.

The candidate consistently demonstrated a positive attitude and professionalism, effectively managing a demanding environment while providing high-quality care. Their calm and approachable demeanor, combined with enthusiasm and adaptability, makes them a valuable asset to any team.

