



Ligament

Connections equal strength

Meet our *Superstar* Physio!

AL

Nationality

English/British

Age Range

26 - 30

Years Experience

Female

6-7 Years

Desired Contract

The Fantail Package

Location Preferences

North Island, South Island

Clinic Disciplines and Areas of Experience

Musculoskeletal, Paediatric, Geriatric, Orthopaedics (pre & post operative), Cardiorespiratory, Rehabilitation (vocational / functional), Neurology, Mentoring juniors

CPD and Additional Qualifications

1. Spinal Study Day (Beagle Orthopaedics) TM
2. Sports Massage (Sports Performance Services)
3. Level 3 Emergency First Aid (Qualsafe Awards)
4. Up-to-date on All Wales Manual Handling and Basic Life Support training

Who am I ?

AL is a 26 year old physiotherapist from Wales, UK. She grew up in the countryside, but have lived in the city of Cardiff for nearly 8 years since going to university.

AL loves being a physiotherapist, it is the best job when you see someone improve, gain confidence and meet their goals with your guidance! AL cannot wait to get stuck into her placement in New Zealand!

Interests

AL is an outdoorsy person - She loves horse riding, swimming, walking dogs, and exploring new places when travelling! I love adrenaline filled experiences, meeting new people and learning something new. I am also part of Young Farmers in Wales, in which I have competed in all sorts of competitions like public speaking, performances, singing and dancing.

Special Interests

My main interests are in trauma and orthopaedics or intensive care, but I am happy in any setting as long as I have a good team!



More about AL

Quotes from References

Accuracy / Timeliness and Workload

No problems with any of these areas. AL is able to manage her time effectively and prioritise patients and caseload accordingly.

Strengths

I have worked with AL here at my current employment, but also within the NHS at Aneurin University Health Board for several years prior to this. AL shows a lot of dedication and passion to being a physiotherapist. She had a very kind and sympathetic manner with all patients and is respected by all of her work colleagues. She has excellent clinical reasoning skills and will go above what is expected of her to ensure patient safety and comfort is maintained.

Further Comments

I have worked with AL for several years prior to this. AL shows a lot of dedication and passion to being a physiotherapist. She had a very kind and sympathetic manner with all patients and is respected by all of her work colleagues. She has excellent clinical reasoning skills and will go above what is expected of her to ensure patient safety and comfort is maintained.

Work Values Assessment

The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:

- 1. Autonomy:** The ability to choose for yourself what to do and when to do it.
- 2. Creativity:** The opportunity to use imagination at work and come up with new and original things.
- 3. Variety:** Working on various things simultaneously or being part of adventurous or exciting work.
- 4. Self-development:** Room for the ambition to develop further both professionally and personally.
- 5. Structure:** Fixed routines and activities with clear frameworks and timelines.
- 6. Security:** Clarity with regards to financial security and prospects for the future.
- 7. Influence:** The opportunity to influence others and contribute to discussions that influence decisions.
- 8. Prestige:** Work that gives you standing or status in the community. Being held in high regard.
- 9. Performance:** The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
- 10. Financial reward:** The ability to earn a good salary.
- 11. Work-life balance:** Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
- 12. Working conditions:** Work is done in a pleasant environment under favourable working conditions.
- 13. Work relationships:** Having pleasant social contact with nice colleagues.
- 14. Altruism:** Helping others through the work you do.



Work Values Results



AL likes to work on various things simultaneously and enjoys being part of adventurous or exciting workplace.

She likes to strike a good balance between work life and personal life. Flexibility regarding work, rest, and holidays are important and does not like work to interfere with their personal life.

AL likes to strike a good balance between work life and personal life. Flexibility regarding work, rest, and holidays are important and does not like work to interfere with their personal life.



More about AL

Career Values

Value 1

RELATIONSHIPS:

People who score high in the Relationships cluster should look for jobs where their co-workers are likely to be friendly and supportive. They should also look for work that lets them be of service to others. These people should explore jobs that do not compromise their personal morals, or sense of right and wrong.

Value 2

INDEPENDENCE:

People who score high in the Independence cluster should look for jobs where they are left to do things on their own initiative. These people also value creativity and the freedom to work alone. They would explore work where they can make decisions on their own.

Value 3

ACHEIVEMENT:

People who score high in the Achievement cluster should look for jobs that let them use their best abilities. It's also important that they look for work where they can see the results of the work directly. They should explore jobs where they can get a strong feeling of accomplishment.

Temperament Typology Explained

Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

Leopards (L1) are task-orientated introverts.

Lions (R1) are task-orientated extroverts.

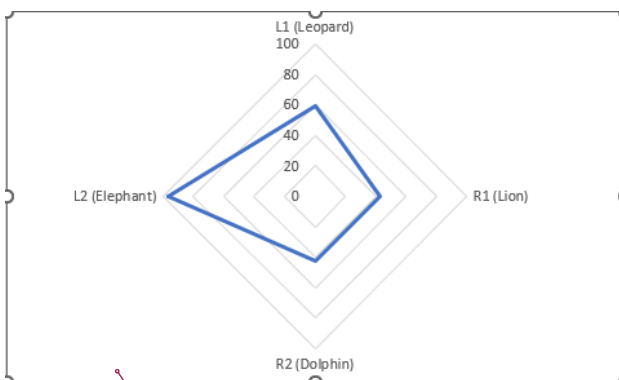
Dolphins (R2) are people-orientated extroverts.

Elephants (L2) are people-orientated introverts.

Temperament Typology

AL is an introverted people pleaser. She is the practical and organised type and is motivated by results and quality. She is consistent, stable and predictable and is a patient, clear and detailed communicator.

Temperament Graphic



Temperament Typology Result

L1	Leopard	59	Extrovert	85
R1	Lion	43	Introvert	155
R2	Dolphin	42	Task	102
L2	Elephant	96	People	138

