



Sex	Age Range
Female	36 - 40
Level Experience	Desired Contract
Level 4 - 11-15 points	The Kiwi Package

**Qualifications**

Bachelor of Physiotherapy (2010)  
Postgraduate diploma in clinical pediatric physiotherapy (2024)

**University**

University of Nigeria, Nigeria  
University of Cape Town, South Africa

**Points System**

Criteria	Years Experience	Points	Total
<b>Fast Track Country Experience (Ireland, UK, Canada, South Africa) + Australia and USA</b>	0 - 1	1	1
	2 - 4	2	
	5 - 7	4	
	8 - 10	6	
	11 - 13	8	
	14 - 17	10	
	18+	12	
<b>Private Practise Musculoskeletal Experience</b>	<b>Years Experience</b>	<b>Points</b>	5
	0 - 1	0	
	2 - 3	1	
	4 - 5	2	
	6 - 7	3	
	8 - 9	4	
	10+	5	
<b>Post Grad Experience</b>	<b>Years Experience</b>	<b>Points</b>	3
	0 - 4	1	
	5 - 10	2	
<b>New Zealand Experience</b>	<b>Months Experience</b>	<b>Points</b>	0
	0 - 6	1	
	7 - 12	2	
	13 - 18	4	
<b>Ligament Experience</b>	<b>Months Experience</b>	<b>Points</b>	0
	0 - 6	1	
	7 - 12	2	
	13 - 18	3	
<b>Post Grad Qualifications</b>	<b>Courses</b>	<b>Points</b>	<b>Total</b>
	Post Grad Courses	1	0
	Post Grad Certificate	2	0
	Post Grad Diploma	3	3
	Post Grad Masters	4	0
<b>Total:</b>			<b>12</b>

**Work History**

NJE is a dedicated and compassionate Physiotherapist with comprehensive experience spanning musculoskeletal, orthopaedic, cardiorespiratory, and geriatric rehabilitation. She possesses a strong foundation in clinical assessment, allowing her to deliver individualized, evidence-based treatment plans aimed at optimizing function, mobility, and overall quality of life. She is highly confident in managing a diverse range of patient presentations, including acute conditions, post-operative care, and long-term rehabilitation.

As a proactive and adaptable clinician, NJE works effectively within multidisciplinary teams and communicates clearly with patients, families, and colleagues alike. She is deeply committed to continuous professional development and maintaining high standards of care within supportive healthcare environments. Moving forward, she remains focused on further developing her clinical skills while consistently delivering safe, high-quality, and patient-centered care.

Assistant Director of Physiotherapy | University of Nigeria Teaching Hospital, Enugu | Jan 2024 – Present  
Delivering advanced paediatric physiotherapy across inpatient, outpatient, NICU, and PICU settings, NJE conducts complex assessments, develops comprehensive treatment and discharge plans, and manages a high-volume MSK and neurology caseload in the clinic. She provides direct supervision to physiotherapy staff and students, actively contributes to multidisciplinary care, and drives service improvements through triage implementation, audit initiatives, and workflow coordination.

Physiotherapy Clinical Placement | Red Cross War Memorial Children's Hospital, Cape Town | May 2023 – Nov 2023  
Completing a postgraduate paediatric physiotherapy placement, NJE managed complex cases across the PICU and hospital wards, including neurological, respiratory, and post-surgical conditions. She delivered vital respiratory care and early mobilization protocols (including for ventilated patients), conducted comprehensive ICF-based assessments, and implemented goal-oriented treatment plans while collaborating within multidisciplinary teams to achieve significant functional improvements and support effective caregiver-led rehabilitation.

Chief Physiotherapist | University of Nigeria Teaching Hospital, Enugu | Jan 2021 – Apr 2023  
Delivering physiotherapy services across paediatric inpatient and outpatient units, NJE managed patient assessment, treatment, and discharge planning. She developed personalized treatment programmes, participated in multidisciplinary care, and supported service improvements while supervising staff and students, leading training and teaching sessions, and contributing to clinical education and departmental workflow efficiency.

Principal Physiotherapist | University of Nigeria Teaching Hospital, Enugu | Jan 2018 – Dec 2020  
Managing diverse caseloads across neurology, neurosurgery, orthopaedics, and palliative care, NJE provided inpatient and on-call services, supported discharge planning, and implemented tailored mobility aids to enhance functional outcomes. She contributed to multidisciplinary care, supervised and taught students, and participated in community physiotherapy and outreach services.

Senior Physiotherapist | University of Nigeria Teaching Hospital, Enugu | Apr 2014 – Dec 2017  
Providing patient assessment, treatment planning, and ongoing review across clinical caseloads, NJE delivered first on-call physiotherapy services, supported mobility aid prescription and fitting, and contributed to multidisciplinary care. She also coordinated professional development activities, monitored staff performance, and participated in research and publication.

Physiotherapist (National Youth Service Corps: Community Service Placement) | University College Hospital, Ibadan | Nov 2012 – Oct 2013  
Conducting inpatient physiotherapy for predominantly geriatric patients with medical, orthopaedic, and neurological conditions, NJE delivered mobility training, strength and balance rehabilitation, and fall prevention. She supported patient education and applied evidence-based practice within a multidisciplinary team.

Intern Physiotherapist | Nnamdi Azikiwe University Teaching Hospital, Nnewi | Dec 2011 – Oct 2012  
Managing patients with neurological, orthopaedic, and cardiopulmonary conditions, including stroke and head injuries, NJE utilized outcome measures to guide rehabilitation. She designed tailored exercise programmes, contributed to post-surgical recovery, and supported the development of ADL resources to enhance patient care and accessibility.

Physiotherapy Student (Clinical Placement) | University of Nigeria Teaching Hospital, Ituku-Ozalla, Enugu | Jun 2009 – Jan 2010  
Completing a clinical rotation in a sub-acute inpatient setting, NJE managed orthopaedic and neurological conditions, including CVA and Parkinsonism. She applied electrotherapy for pain management, conducted patient assessment and clerking, and contributed to post-acute rehabilitation, discharge planning, and therapeutic exercise programmes, including paediatric and pre/post-operative care.

Physiotherapy Student (Clinical Placement) | Federal Neuropsychiatry Hospital | Feb 2008  
Gaining experience in a specialized mental health environment, NJE developed skills in patient clerking, holistic assessment, and multidisciplinary management of patients with mental health conditions.

Physiotherapy Student (Clinical Placement) | National Orthopaedic Hospital | Nov 2007 – Dec 2007  
Gaining experience in managing post-operative and emergency cases, NJE worked with diverse clinical presentations including burns, while gaining valuable exposure to X-ray interpretation and the application of casts, braces, and orthotics.

**Areas of Skills and Expertise**

**Musculoskeletal (MSK) — Intermediate**  
NJE specializes in the individualized assessment and management of musculoskeletal conditions, including low back pain, joint injuries, and soft tissue disorders. She delivers personalized, tailored treatment plans that utilize targeted exercise therapy, manual therapy techniques, and thorough patient education to optimize recovery.

**Orthopaedics (Pre & Post-Op) — Intermediate**  
She has strong experience in pre- and post-operative rehabilitation, particularly for hip and knee joint replacements and acute fracture management. Her personalized treatment planning focuses heavily on mobility training, progressive strengthening, pain management, and full functional recovery.

**Paediatric — Intermediate**  
NJE provides comprehensive assessments utilizing the International Classification of Functioning, Disability and Health (ICF) framework for a wide range of paediatric conditions. She is competent in managing musculoskeletal issues in children and adolescents, delivering functional, play-based therapy to improve gross motor skills, coordination, balance, and developmental milestones. Her approach emphasizes early intervention, parent and caregiver education, and individualized home exercise programs to promote independence in daily activities.

**Geriatric — Intermediate**  
Her practice includes the management of age-related conditions, with a strong focus on balance training, falls prevention, and mobility improvement. She combines manual therapy with functional independence strategies to help older adults maintain safety and quality of life in their environments.

**Cardiorespiratory — Intermediate**  
NJE is skilled in the assessment and management of respiratory conditions such as pneumonia, COPD, asthma, bronchiectasis, acute chest infections, and post-operative respiratory complications. She is proficient in delivering chest physiotherapy, providing exercises, and airway clearance techniques tailored to the patient's respiratory status. Additionally, she has experience with early mobilization in acute settings, including collaborating with the multidisciplinary team to assist in managing ventilated patients through strategic positioning, secretion clearance, and close monitoring.

**Neurology — Intermediate**  
She designs targeted neurorehabilitation programs incorporating mobility training, balance work, and functional task practice. NJE applies patient-specific treatment approaches to improve independence and functional outcomes for individuals recovering from cerebrovascular accidents (CVA), traumatic brain injuries, Parkinson's disease, and spinal cord injuries.

**Return-to-Work Programmes — Intermediate**  
She supports occupational health and rehabilitation by designing functional retraining protocols. Her work involves creating graded return-to-work plans that safely bridge the gap between a patient's injury recovery and their specific professional duties.

**Working within a Gym Setting — Beginner**  
NJE is familiar with utilizing standard gym equipment to support strength and conditioning goals as part of a progressive recovery plan.

**Mentoring Juniors — Intermediate**  
She regularly supports and guides junior students and colleagues during clinical placements. NJE assists with patient assessments, demonstrates treatment techniques, and supervises basic clinical tasks while providing constructive feedback and supporting clinical reasoning. Her mentorship focuses on promoting safe practice, professionalism, and confidence within a supportive learning environment.

**Private Practise MSK Experience**

NJE has two years of experience providing ad-hoc physical therapy services within a private clinical setting, autonomously managing a diverse musculoskeletal caseload. She conducts independent patient assessments to develop individualized, goal-oriented treatment plans utilizing manual therapy, therapeutic exercise, and electrotherapy modalities. Her practice emphasizes patient education and self-management strategies to optimize functional recovery and prevent injury recurrence. Additionally, she maintains compliant clinical documentation, collaborates closely with referring providers, and utilizes functional outcome measures to guide structured discharge planning and support community health promotion initiatives.

**Hospital Experience**

NJE brings more than 11 years of experience delivering comprehensive physical therapy services across inpatient, outpatient, and specialist hospital units. She autonomously manages a high-volume caseload spanning complex neurological, musculoskeletal, cardiopulmonary, paediatric, and post-surgical conditions. Her clinical practice integrates evidence-based interventions—such as respiratory care, manual therapy, early mobilization, and therapeutic exercise—to optimize patient recovery and functional independence. A collaborative clinician, she actively participates in multidisciplinary ward rounds to coordinate safe discharge planning and improve patient outcomes. Additionally, NJE ensures strict compliance with organizational documentation standards, utilizes objective outcome measures to progress care, and drives department efficiency by mentoring junior staff, supervising clinical students, and contributing to quality assurance audits.

**CPD Courses**

- Basic life support certificate
- Advanced paediatric life support(UK)
- Clinical focused primary care MSK Clinical Series ( FCP-informed Approach)
- Developing Competence and Proficiency in Management of paediatric conditions
- Acute care Physiotherapy essential( Screening and Prioritisation)
- Basics of neonatal and pediatric ventilation
- Quality Improvement(QI) in Physiotherapy/ Rehabilitation
- Management, Leadership and Administration for Health Professional
- Getting started with Exercise therapy
- Comprehensive Respiratory assessment for Physiotherapy
- Workshop on Documenting Information

**Who am I?**

NJE was born and raised in Nigeria, where her parents instilled in me strong values of discipline, integrity, and a deep sense of identity. She comes from a culturally grounded, close-knit, and supportive family that places a high premium on genuine love, respect, and maintaining strong relationships with friends and family alike. Today, her husband and their three amazing children are at the absolute center of her life, and she is a firm believer in maintaining a healthy work-life balance and being intentional about family time. Together with her husband, who adds joy and energy to their home with his love for cooking and dancing, she creates a warm, lively, and welcoming family environment centered on quality time, shared meals, meaningful conversations, and simple relaxation.

Outside of her home life, NJE enjoys connecting with close friends at local parks or church on weekends, and those around her describe her as dependable, easygoing, and positive. She is deeply passionate about wellness, healthy living, and sustainability, frequently cooking new recipes and teaching her children to appreciate nature and stay active through walking and jogging. In her free time, she enjoys exploring new environments, listening to music, watching movies, shopping, and building genuine connections within a supportive community.

**Quotes from References**

NJE is a compassionate, culturally aware clinician who delivers high-quality, patient-centered care tailored to diverse needs. She possesses strong clinical reasoning, allowing her to make sound decisions and adapt treatment plans dynamically based on patient progress. An excellent communicator and collaborative team player, she demonstrates empathy, patience, and professionalism under pressure while remaining committed to continuous learning and clinical initiative.

NJE delivers highly accurate, evidence-based care with strong attention to detail across patient assessments, treatment planning, and documentation. She manages high-volume workloads and multiple responsibilities efficiently by prioritizing tasks and planning ahead to meet organizational deadlines. Organized and highly adaptable, she maintains a structured workflow and adjusts seamlessly to changing clinic schedules while consistently delivering safe, high-quality care under pressure.

NJE is committed to continuous learning, applies feedback well, and consistently strives to improve her clinical practice. I have no additional comments, my experience working with above candidate has been positive, and I am confident she would be an asset to any future employer.

