



Meet our *Superstar* Physio!

**AD**

Nationality	Age Range	Experience Level	Desired Contract
South African Female	20 - 25	"New Grad - 3 years "	Kiwi (to 12months)

### Clinic Disciplines and Areas of Experience

Musculoskeletal, Paediatric, Geriatric, Return to work programs, Orthopaedics (pre & post operative), Cardiorespiratory, Rehabilitation (vocational / functional), Leading exercise classes, Neurology

### Who am I ?

I strive to make a difference by demonstrating good leadership and empathy to ensure that my patients receive the highest level of care. I am able to communicate effectively and work closely with other healthcare professionals, having done so on many clinical and hospital rotations. I truly enjoy engaging and getting to know my patient as it allows me to treat them in a more holistic manner and treat the person, rather than just the condition. In doing so, I am able to better assess and devise suitable treatment plans that are patient-specific to ensure that my patient reaches their greatest rehabilitation goals and potential.

I am eager to learn more and ask for help when needed. Being a physiotherapist has allowed me to merge my passion for engaging and helping people by equipping and providing them with skills to be re-integrated into society and empowering their independence. I am a very bubbly, family-orientated, and friendly person that enjoys learning about different cultures and ways of life. I love exploring places through their cuisine and being outdoors in nature, especially at the beach.

### Interests

I enjoy being outdoors exploring different places in nature and trying out new activities. I love engaging and learning about different cultures and traditions and getting to know people in general. I also enjoy trying various food cuisines.

During my free time, I try staying active by playing 5-a-side soccer, going on hikes, and surfing with family and friends. I also enjoy painting and going for walks as it brings me relief.

### Physio Interests

I am interested in continuous learning and growth opportunities. I am interested in furthering my studies by doing a Master's degree in the near future, that focuses on nurturing my leadership and management skills within the healthcare setting, which I hope would allow me to add value and impart beneficial knowledge to others I engage with.

### CPD to Note

Wheelchair Service Delivery Course:  
 Professional: Basic  
 Covid-19 Infection, Prevention and Control  
 Training for Professional Staff  
 Dry Needling Level 1 Course  
 Dry Needling Level 2 Course  
 Essential Pain Management Course  
 Return to Sport, Post Covid-19: Reflect and  
 Reset our rehabilitation  
 Dealing with difficult patients  
 Understanding Coronavirus Disease (Covid-19)



# More about AD

## Quotes from References

### Accuracy / Timeliness and Workload

Aneeka is a hard worker and always give her best. She values patientcare and always render a service that is of good quality.

### Strengths

Taking initiative, dedicated, good integrity goal orientated and ensures continues self learning.

### Further Comments

Yes, I would employ Ms. David's based on her work ethic and professionalism, her determination and eagerness to continue learning.

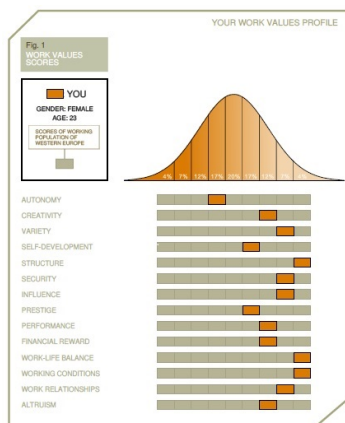
## Work Values Assessment

*The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:*

1. **Autonomy:** The ability to choose for yourself what to do and when to do it.
2. **Creativity:** The opportunity to use imagination at work and come up with new and original things.
3. **Variety:** Working on various thing simultaneously or being part of adventurous or exciting work.
4. **Self-development:** Room for the ambition to develop further both professionally and personally.
5. **Structure:** Fixed routines and activities with clear frameworks and timelines.
6. **Security:** Clarity with regards to financial security and prospects for the future.
7. **Influence:** The opportunity to influence others and contribute to discussions that influence decisions.
8. **Prestige:** Work that gives you standing or status in the community. Being held in high regard.
9. **Performance:** The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
10. **Financial reward:** The ability to earn a good salary.
11. **Work-life balance:** Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
12. **Working conditions:** Work is done in a pleasant environment under favourable working conditions.
13. **Work relationships:** Having pleasant social contact with nice colleagues.
14. **Altruism:** Helping others through the work you do.

## Work Values

## Work Values Results



Aneeka scores extremely high on structure and prefers a job with clear frameworks and rules. She scores extremely high on work-life balance and prefers to keep her work and private life separate. Work life disrupting her personal life annoys her a lot. Aneeka scores extremely high on working conditions and prefers a comfortable and pleasant workspace.





# More about AD

## Career Values

### Value 1

ACHIEVEMENT - Wants to see results and get a feeling of accomplishment

### Value 2

RELATIONSHIP - Prefers an environment where one can build relationships with colleagues and customers.

### Value 3

SUPPORT - Thrives when comfortable with the style of management and manager is considerate, competent, and fair.

## Temperament Typology Explained

Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

*Leopards (L1) are task-orientated introverts.*

*Lions (R1) are task-orientated extroverts.*

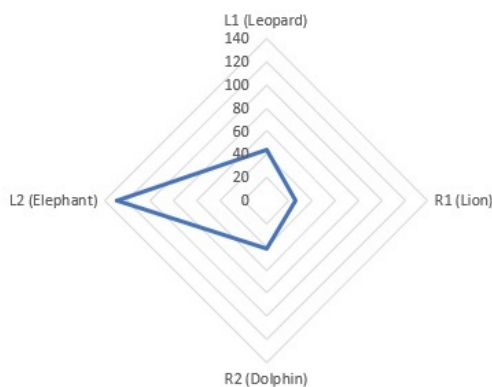
*Dolphins (R2) are people-orientated extroverts.*

*Elephants (L2) are people-orientated introverts.*

## Temperament Typology

Aneeka is an Elephant, a people orientated introvert. She is a dependable, participative team member. Aneeka is a good listener and communicated patiently and clearly. In conflict she will try to find a compromising solution that accommodates the wishes of others.

## Temperament Graphic



## Temperament Typology Result

Leopard (L1)	44
Lion (R1)	25
Dolphin (R2)	42
Elephant (L2)	129

