



**Ligament**

Connections equal strength



Meet our *Superstar* Physio!

**CM**

**Sex**

Female

**Age Range**

41 - 45

**Years Experience**

14-17 years

**Desired Contract**

The Kiwi Package

**Qualifications**

Bachelor of Physiotherapy

**University**

The Tamil Nadu Dr MGR Medical University

**Hospital Experience**

I have 13 years of experience in Hospital setting and my responsibilities/duties are:  
Providing assessment and treatment of patients in NMS, Orthopedic, Pediatric, and Surgical wards. Developing treatment and discharge plans for patients post orthopedic procedures, including ORIF and joint replacements. Assist inpatients to achieve their highest level of independence and functioning after an injury, disease, or disability. Education of family and healthcare workers on specific goals set in patient's management. Provide home visits and conduct screening for physical barriers and facilitate movement in a home environment. Attend MDT meetings on patient management.

**Private Practise MSK Experience**

I have 13 years of experience in private practice clinics. My responsibilities include conducting physiotherapy assessments, treatment and management of outpatients with NMS and Orthopaedic surgical conditions based on an evidence-based approach. Providing a clinical diagnosis for individual patients to determine their needs for physiotherapy interventions within specific areas. Constant communication and education sessions with the multidisciplinary teams. Accurate record-keeping as per standards set by professional organizations. Provide domiciliary visits for non-ambulatory patients. Liaising with Medical Insurance, submission and follow-up on claims.

**Special Interests**

I have a special interest in musculoskeletal injuries and rehabilitation post-Orthopaedic surgeries.



# More about CM

## Quotes from References

### Accuracy / Timeliness and Workload

CM managed her time very well, learners were seen on time, or rescheduled were things came up out of her control. Managing a large caseload, she prioritized well in order to see all the required learners. Administrative tasks were done well, and promptly, I cannot recall a time where they were late or incorrect. CM has excellent time management and accuracy.

### Strengths

CM has good clinical skills working with our learners with special needs, she has good communication skills, her administration was accurate and timeous, she worked independently managing her program, but also works well in a team. CM has good inter personal and communication skills, good clinical reasoning, empathy towards clients

### Other Comments

CM is a very professional and effective therapist. CM goes over and above than what is expected from her.



## CPD Courses

- Dry Needling – Cervical and Shoulder Region (November 2008)
- Dry Needling – Lumbar and Sacroiliac region (October 2008)
- Strapping techniques
- Functional Capacity Evaluation

## Work Values Results

1.	Work relationships
2.	Altruism
3.	Working conditions
4.	Performance
5.	Work-life balance
6.	Structure
7.	Financial reward
8.	Security
9.	Prestige
10.	Variety
11.	Self-development
12.	Creativity
13.	Influence
14.	Autonomy

### WORK RELATIONSHIPS:

CM enjoys having a pleasant social contact with colleagues. They prefer an environment where they can build strong, friendly relationships with co-workers and prefer a work collaboration and participation in a team.

### ALTRUISM:

CM enjoys helping others through the work that they do. They are highly devoted to helping other people through their work.

### WORK CONDITIONS:

CM enjoys a pleasant environment under favourable working conditions which include clear expectations, frameworks and rules that also apply to managing professional and personal life.



# More about CM

## Who Am I

I completed my undergraduate studies in India in 2001. I worked in a multidisciplinary team managing patients in both the in-patient and outpatient settings for 5 years thereafter. In 2008, I moved to South Africa and I have been working as a physiotherapist in both in-patient and outpatient settings for the past 15 years. I am an energetic physiotherapist, who is able to work independently as well as within a team.

## New Zealand Experience

None

## Temperament Typology Explained

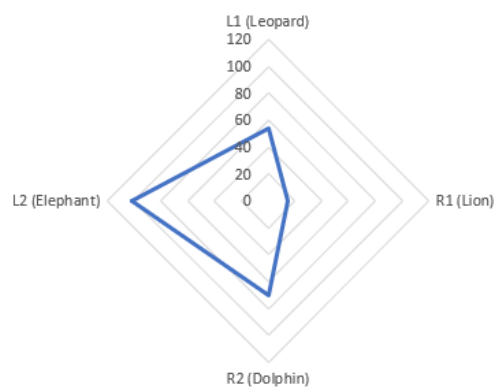
Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

- Leopards (L1) are task-orientated introverts.*
- Lions (R1) are task-orientated extroverts.*
- Dolphins (R2) are people-orientated extroverts.*
- Elephants (L2) are people-orientated introverts.*

## Temperament Typology

CM is patient, cleared and detailed communicator. CM is a social, accommodating and warm-hearted person. CM is committed, responsible and process-orientated. She enjoys participating in group work and is a good team member. CM will try and find a comprising solution while also trying to accommodate other person's in conflict situations.

## Temperament Graphic



## Temperament Typology Result

L1	Leopard	54	Extrovert	85
R1	Lion	15	Introvert	155
R2	Dolphin	70	Task	69
L2	Elephant	101	People	171

