



**Ligament**

Connections equal strength

Meet our *Superstar* Physio!

**MM**

#### Nationality

Pakistani

#### Age Range

Female

26 - 30

#### Years Experience

New Grad - 3 years

#### Desired Contract

The Kiwi Package

#### Location Preferences

Auckland, Canterbury Region, Hamilton, Taupo, Christchurch, Queenstown

#### Clinic Disciplines and Areas of Experience

Musculoskeletal, Sports, Women's health, Paediatric, Geriatric, Pilates, Orthopaedics (pre & post operative), Cardiorespiratory, Leading exercise classes, Neurology, On field sports (sports teams), Mentoring juniors

#### CPD

- Masters of Sports Physical Therapy - [ 2021 – 2023]
- The FA Concussion Guidelines course (2022).
- The FA Sudden Cardiac Arrest course (2022).
- Critical Physiotherapy Management of People with Covid-19 from Fauji Foundation Hospital (2020).
- Diploma in Football Medicine from FIFA (2020).
- Short communication, team management, leadership, and clinical reflection courses from Physioplus (2020).
- Short courses in Orthopedic physiotherapy, Cardiorespiratory physiotherapy and Critical Care Management from CSDS (2019).
- Sports Taping course ( 2019).
- First Aid: certified in providing basic and advanced first aid, as part of Basic and Advanced First Aid with AED Training from Pakistan Red Crescent Society (2018).

#### Who am I ?

MM is a physiotherapist who has been working in a private setup from last 2 and half years. Her area of experience include MSK, geriatrics, community medicine, sports, paediatrics, cardiopulmonary, neurology, gynae and obstetrics. MM describes herself as an honest, passionate and hardworking person.

#### Special Interests

I am more inclined towards musculoskeletal, sports and geriatrics.

#### Interests

Outside of work, MM likes to read, cook and listen to music. She has an interest in travel and enjoys playing badminton.



# More about MM

## Quotes from References

### Accuracy / Timeliness and Workload

MM always completed tasks efficiently and effectively. MM can be trusted to complete tasks on time and is always is punctual as well.

### Strengths

MM strengths include problem solving, working hard, discipline, analytical thinking and great communication skills.

### Other Comments

MM is a team worker and has ability to work under pressure. She is empathetic and polite towards the patients and has ability to manage patient's of difficult situation.

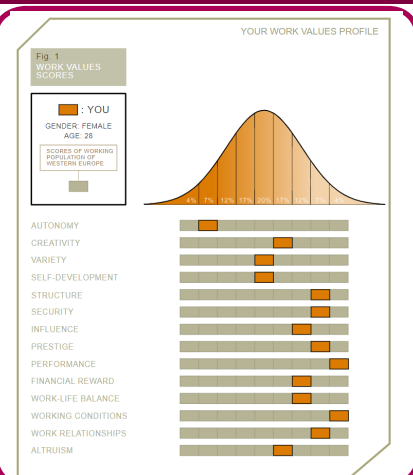
## Work Values Assessment

*The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:*

1. **Autonomy:** The ability to choose for yourself what to do and when to do it.
2. **Creativity:** The opportunity to use imagination at work and come up with new and original things.
3. **Variety:** Working on various thing simultaneously or being part of adventurous or exciting work.
4. **Self-development:** Room for the ambition to develop further both professionally and personally.
5. **Structure:** Fixed routines and activities with clear frameworks and timelines.
6. **Security:** Clarity with regards to financial security and prospects for the future.
7. **Influence:** The opportunity to influence others and contribute to discussions that influence decisions.
8. **Prestige:** Work that gives you standing or status in the community. Being held in high regard.
9. **Performance:** The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
10. **Financial reward:** The ability to earn a good salary.
11. **Work-life balance:** Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
12. **Working conditions:** Work is done in a pleasant environment under favourable working conditions.
13. **Work relationships:** Having pleasant social contact with nice colleagues.
14. **Altruism:** Helping others through the work you do.



## Work Values Results



MM likes the opportunity to demonstrate what she is capable of. Reward and recognition for individual effort are strong values for MM. She enjoys seeing the results of her efforts and the opportunity to distinguish herself. MM also values her work place environment which includes a pleasant environment. She prefers a comfortable and pleasant workspace

MM indicates that she works well with clear expectations, frameworks and rules that also apply to managing professional and personal life. She enjoys working with fixed routines and activities with clear frameworks and timelines



# More about MM

## Career Values

### Value 1

#### SUPPORT:

People who score high in the Support cluster should look for jobs where the company stands behind its workers and where the workers are comfortable with management's style of supervision. These people should explore work in companies with a reputation for competent, considerate and fair management.

### Value 2

#### ACHIEVEMENT:

People who score high in the Achievement cluster should look for jobs that let them use their best abilities. It's also important that they look for work where they can see the results of the work directly. They should explore jobs where they can get a strong feeling of accomplishment.

### Value 3

#### RECOGNITION:

People who score high in the Recognition cluster should explore jobs with good possibilities for advancement. They should look for work with prestige or with the potential for leadership. These people value status and should look towards careers that fulfil that need.

## Temperament Typology Explained

## Temperament Typology

Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

*Leopards (L1) are task-orientated introverts.*

*Lions (R1) are task-orientated extroverts.*

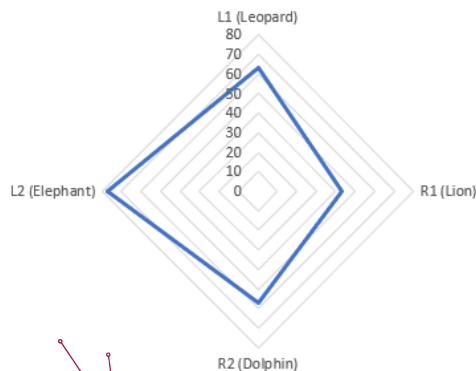
*Dolphins (R2) are people-orientated extroverts.*

*Elephants (L2) are people-orientated introverts.*

MM is a People person introvert who is a participative, enthusiastic team member and can point out the logic and benefits of the situation. In conflict, she will try to find a compromising solution. She's consistent, stable and a predictable type.

## Temperament Graphic

## Temperament Typology Result



L1	Leopard	63	Extrovert	100
R1	Lion	43	Introvert	140
R2	Dolphin	57	Task	106
L2	Elephant	77	People	134

