



Meet our *Superstar* Physio!

MM



Sex	Age Range	
Male	26 - 30	
Years Experience	Preferred Contract	
5-7 years	The Koala Package	

Qualifications

Bachelor of Science in Physiotherapy (2018)

Registration Number and Expiry

AHPRA number - PHY0004024652 (30/11/2026)

University

University of Cape Town

CPD Courses

-Dry needling level one
-Ethics in Clinical Sports Medicine- A Case Series -Discussion
-Research in Action -JournalClub Physiopedia informed consentcourse
Clinical solutions webinars:
-Hamstring Injuries Webinar
-Muscle Energy Techniques: Lower Quarter: -Gastrocnemiusand Soleus
-Hamstring andAdductors Back Rehabilitation WebinarACL Rehabilitation
- Achilles Tendinopathy Level 2 Shoulder Rehabilitation WebinarLevel 1
- Principles for ShoulderRehabilitation: Part 2 Level 2
- Treating Low Back Pain -Bridging the Gap between Manual Therapy and Exercise Level 2
- Tendinopathy RehabilitationWebinar Level 1
- Update on Rehabilitation following ACL Reconstruction:Part 1

Work History

MM is a dedicated and compassionate physiotherapist with extensive experience across private clinic and hospital settings since 2019. He has developed strong clinical expertise in paediatrics, intensive care, and acute to sub-acute inpatient rehabilitation, working collaboratively within multidisciplinary teams to deliver high-quality patient care. With additional experience in outpatient rehabilitation, health promotion, and mentorship, MM brings a well-rounded and proactive approach to his profession. He is eager to continue expanding his skills and explore new opportunities in areas such as occupational and mining health.

Physiotherapist | MaleGardener Physiotherapy, Netcare Hospital Kuils River | January 2020 – Present
Involved in both inpatient and outpatient rehabilitation services. Responsibilities include providing acute to sub-acute inpatient rehabilitation across Intensive and Coronary Care Units (chest physiotherapy), as well as Medical, Surgical, and Paediatric wards. Delivers rehabilitation for Covid-19 patients as part of a multidisciplinary team and is trained in the use of Care On, a mobile digital platform for electronic patient records. Supervises locum physiotherapists and final-year students, offering mentorship and clinical guidance, while effectively managing workload and delegating tasks within the team. In the outpatient setting (Kuils River Centre and Eerste River), manages post-discharge and referred patients, including post-Covid-19 rehabilitation programmes. Prepares Workmen's Compensation and Doctor's reports, develops educational and health awareness materials for patients and social media, and conducts in-house training sessions to support continuous professional development among team members.

Community Service Physiotherapist | Sebokeng Hospital, Gauteng | January – December 2019
Completed community service at an 800-bed public hospital, gaining broad experience through multiple clinical rotations across diverse patient populations and conditions. Developed strong clinical foundations in both inpatient and outpatient physiotherapy while working as part of a multidisciplinary team to deliver comprehensive patient care.

Hospital Experience

MM is currently employed in a private hospital, where he has worked in the hospital environment since 2019. Until 2023, he divided his time between clinic and hospital work, but he now focuses exclusively on inpatient care. His responsibilities encompass acute to sub-acute rehabilitation across multiple hospital departments, including Intensive and Coronary Care Units—where he provides chest physiotherapy—as well as Medical, Surgical, and Paediatric wards. MM has extensive experience in the rehabilitation of Covid-19 patients and works closely with the multidisciplinary team to ensure comprehensive patient recovery. He is trained in the use of Care On, a fully mobile and digitised platform for electronic patient records, and takes an active role in mentoring and supervising locum physiotherapists and final-year students. MM is also responsible for organising and prioritising his workload and effectively delegating tasks to support efficient and high-quality patient care.

Private Practise MSK Experience

MM worked in a private clinic setting from 2019 to 2023, with the same organisation he is currently employed by. During this time, he gained valuable experience in outpatient rehabilitation, supporting patients both after hospital discharge and through direct referrals from medical professionals or self-referrals. Although he has since transitioned into the inpatient environment, MM continues to apply many of the skills developed during his clinic work. His responsibilities in the clinic included delivering post-discharge rehabilitation programmes, including specialised recovery plans for patients affected by Covid-19. He was also responsible for preparing Workmen's Compensation and medical reports, contributing to patient documentation and continuity of care. In addition to his clinical duties, MM played an active role in health promotion—creating educational materials, exercise pamphlets, and social media content to raise health awareness within the community.

Areas of Skills and Expertise

- Clinical Competence: Skilled in acute and sub-acute inpatient rehabilitation, including paediatrics, intensive and coronary care, medical, surgical, and Covid-19 recovery cases.
- Outpatient Rehabilitation: Experienced in managing post-discharge and referred patients, developing tailored exercise and recovery programmes.
- Multidisciplinary Collaboration: Works effectively within healthcare teams to ensure coordinated, patient-centred care.
- Clinical Documentation & Reporting: Proficient in preparing medical and Workmen's Compensation reports and maintaining accurate electronic patient records using Care On digital platform.
- Health Promotion & Education: Creates educational materials, social media content, and patient resources to support health awareness and engagement.
- Leadership & Supervision: Experienced in mentoring final-year physiotherapy students and supervising locum physiotherapists.
-Professional Qualities: Strong organisational, communication, and interpersonal skills, with a proactive and reflective approach to clinical practice and professional growth.

Who am I?

MM is a 29-year-old professional who recently got married in December to his wife, with whom he is excited to explore new opportunities and adventures. As the eldest brother to two younger sisters, he holds a deep affection for his family, even though distance sometimes limits how often they see one another. He values meaningful connections and enjoys engaging with new people, often finding inspiration in learning about their perspectives. MM particularly appreciates thought-provoking discussions and debates, as they challenge his viewpoints and broaden his understanding of the world.

A passionate sports enthusiast, MM has a lifelong love for football, rugby, and cricket — a passion rooted in his high school and university sporting years. His curiosity extends to other sports such as basketball, Formula 1, and more, which he follows with genuine interest. He enjoys staying active through gym sessions, hikes, and long walks. Music is another significant part of MM's life. Having played piano for many years, he continues to explore music deeply — analysing its composition, production, and lyrical meaning — and enjoys the enriching conversations it sparks. Together with his wife, MM makes it a point to travel monthly to different parts of the Western Cape to discover new places and experiences. They are eager to continue this spirit of exploration in Australia as they embark on the next chapter of their lives.

Quotes from References

MM is always on time for work and will often leave a little later to ensure the job is done and all patients are seen. His accuracy with reports and general patient admin is fine and there have never been any issues in that area.

MM has been one of the easiest physio's who has worked for us. He is hard working and always willing to put in extra effort to get the job done. He is open, honest and will easily talk to me about an issue which might have come up at the hospital or something he's noticed between staff.

He is able to work independently and a strong leader. MM will be an asset to any business and I would highly recommended him.

