Ligament
Connections equal strength

Meet our *Superstar* Physio!
DU

Nationality		Age Range	Years Expereience	Desired Contract
Sri Lankan	Female	31-35	4-5 years	Permanent

Location Preferences

Auckland, Waikato Region, Wellington

Clinic Disciplines and Areas of Experience

Musculoskeletal, Sports, Women's health, Geriatric, Orthopaedics (pre & post operative), Cardiorespiratory, Rehabilitation (vocational / functional), Leading exercise classes, Neurology, Working within a gym setting

CPD and Additional Qualifications

My individual research is on working posture and Anterior knee pain among the workers of a Premier manpower-based garment factory in Colombo District. It is a cross-sectional descriptive study. It helps to Identify bad postures and how they affect the worker's Anterior knee pain. Finally, I designed a suitable treatment plan for their knee pain and gave advice on how to prevent it.

Who am I ?

I am a dedicated, caring, and friendly physiotherapist with a great passion for helping people achieve their maximum potential.

Interests

My outside interest is that I love to travel to different places and meet new people. Listen to music in my free time and spend time with my parents and friends.I desire to learn new things and love to help people in their difficult situations.

More about **DU**

Value 1

WORKING CONDITIONS:
People who score high in the Working Conditions cluster should consider pay, job security, and good working conditions when looking at jobs. They should also look for work that suits their personal work style. Some people like to be busy all the time , or work alone, or have many different things to do. These people should always explore jobs where they can take best advantage of their particular work style.

Value 2

SUPPORT:
People who score high in the Support cluster should look for jobs where the company stands behind its workers and where the workers and comfortable with management's style of supervision. These people should explore work in companies with a reputation for competent, considerate and fair management.

Value 3

RELATIONSHIPS:
People who score high in the Relationships cluster should look for jobs where their co-workers are likely to be friendly and supportive. They should also look for work that lets them be of service to others. These people should explore jobs that do not compromised their personal morals, or sense of right and wrong.

Temperament Typology Explained

Temperament Typology

Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

Leopards (L1) are task-orientated introverts.
*Lions (R1) are task-orientated extroverts.*
Dolphins (R2) are people-orientated extroverts.
Elephants (L2) are people-orientated introverts.

Under stress DU will become challenging, direct and even confronting, she will point out the logic and benefits of the situation. DU communicates through feeling, body language and enthusiasm, she will propose a middle ground, a compromising solution, she will also point out the logic and benefits of the situation.

Temperament Graphic
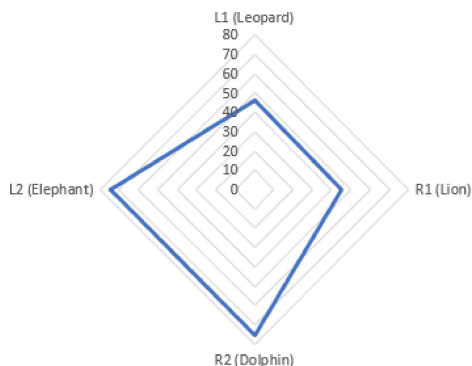
Temperament Typology Result

L1	Leopard	46	Extrovert	120
R1	Lion	45	Introvert	120
R2	Dolphin	75	Task	91
L2	Elephant	74	People	149

Ligament
Connections equal strength