



Ligament

Connections equal strength

Meet our *Superstar* Physio!

OO

Sex

Male

Age Range

31-35

Years Experience

8-10 years

Desired Contract

The Kiwi Package

Qualifications

Bachelor of Medical Rehabilitation (Physiotherapy)

Doctorate in Physical Therapy (in-view)

University

Obafemi Awolowo University

University of Montana

Hospital Experience

I have 3-4 years work experience in the hospital setting. I evaluated patients, designed treatment models which improved the performance of ADLs in children with cerebral palsy and educated our patients on the incorporation of exercises with healthy eating habits for weight loss. Fractures, head injuries, CVDs and joint replacements were among other conditions treated with good success. The clearing of airways in unconscious patients through postural drainage, performance of bed mobility exercises, efficient breathing exercises to prevent dead space ventilation in Intensive Care Units were my other duties here. I co-established the department of physiotherapy with a colleague in one of the other hospitals I worked.

Private Practise MSK Experience

I have 7-8 years work experience in private practice. I treated several joint replacements, back pain & laminectomies, carpal tunnel & other nerve injuries, rotator cuff strains & other muscle injuries, as well as fractures that restored patients to as near normal as possible. Also, I conducted initial patient evaluations, treated patients, prescribed therapeutic exercises, led group exercise sessions and created home programs. I facilitated patient discharge to community, their referral to other healthcare workers in cases where emergency care was indicated along with the documentation of interventions and billing of treatment protocols. I arranged virtual physio sessions whenever in-person appointments was not possible.

Special Interests

1. I came to study Exercise Science in the US because working as a Sports physio with athletes is my most desirable work scenario. So, a job with a sports team will be perfect for me.
2. I have loved and had great success working with the geriatric population in the last 3 years. So, a job in a rehab center will be a good option because it's rewarding seeing those seniors return to a good functioning status.
3. I have had a lot of success attending to orthopaedic cases throughout my career over the last 8 years. So, an outpatient clinic will be fine here too.



More about OO

Quotes from References

Accuracy / Timeliness and Workload

OO has excellent time management and organizational skills. He has a robust clinical background with extensive experience in core rotations. He is meticulous and disciplined.

Strengths

OO is flexible and is able to take initiative with tasks. He is self-motivated and able to motivate others which helps foster a positive and productive work environments. He is professional, respectful and empathetic.

Other Comments

OO communicates clearly and concisely in both written and verbal. He is approachable and trustworthy.



CPD Courses

- Progressive Resistance Exercise for Aging Adults-ACP-2023.
- EMS Treatment Options for Muscle Paresis-ACP-2023.
- Assessment and Management of pulmonary function--2023.
- Functional Muscle Strengthening for Stroke Patients-ACP-2022.
- Current joint replacement protocol review-ACP- 2023.
- Diffusion of threatening situations in Autism and associated conditions-NYS-2023.
- Complete UE MSK Assessment (Current Practices)-NYSED-2024.
- Current practices for acute care PTs-APTA-2024.
- First Contact/Direct Access Rehab Interventions-Grand-2024.
- Red flags for Non-MSK Systemic Conditions--The Grand-2024.

Work Values Results

- Working conditions
- Altruism
- Prestige
- Work-life balance
- Structure
- Financial reward
- Performance
- Work relationships
- Security
- Autonomy

WORK CONDITIONS:

OO enjoys a pleasant environment under favourable working conditions which include clear expectations, frameworks and rules that also apply to managing professional and personal life.

ALTRUISM:

OO enjoys helping others through the work that they do. They are highly devoted to helping other people through their work.

PRESTIGE:

OO enjoys work that gives them standing or status in the community. They enjoy being held in high regard and wants to be involved in work that gives them this status and standing.



More about OO

Who Am I

I am an empathetic, intelligent, responsible, result-driven and forward-thinking professional, committed to enhancing health and well-being, either by prevention or treatment, especially in relation to human performance and movements for activities of daily living or sports. By training, I'm a Physiotherapist and Exercise Physiologist with a view to helping people achieve set goals which can improve their performance for work or recreation through evidence-based interventions. I became a physiotherapist in order to help people and there have been multiple successes recorded throughout my career in walking the rehabilitation journey with my patients, creating strategies needed for navigating the difficulties of life-changing diagnoses and helping them return to as near-normal as possible. I have experience working with athletes, seniors/the geriatric population and in subacute rehab/outpatient clinics.

New Zealand Experience

None

Temperament Typology Explained

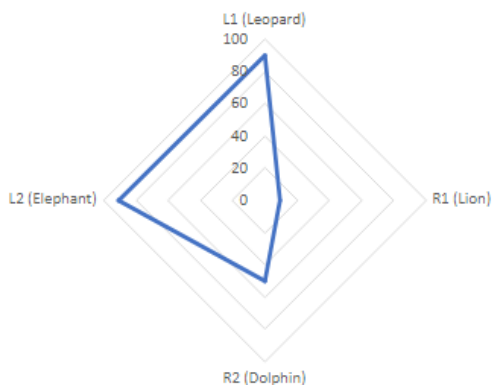
Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

- Leopards (L1) are task-orientated introverts.*
- Lions (R1) are task-orientated extroverts.*
- Dolphins (R2) are people-orientated extroverts.*
- Elephants (L2) are people-orientated introverts.*

Temperament Typology

OO is a focused, committed and self-driven individual. He is calm and reserved, yet friendly. He is motivated by results and producing good quality service. OO is practical, organized and seeks information before making a decision. He is a patient, clear and detailed communicator. In conflict, will try to accommodate the other person's wishes.

Temperament Graphic



Temperament Typology Result

L1	Leopard	90	Extrovert	59
R1	Lion	9	Introvert	181
R2	Dolphin	50	Task	99
L2	Elephant	91	People	141

