



Meet our *Superstar* Physio!

SS



Sex	Age Range	
Female	31 - 35	
Level Experience	Desired Contract	
Level 4 - 11-15 points	The Fantail Package	

Qualifications

Doctorate in Physical Therapy (2020)

University

Samford University, USA

Points System

Criteria	Years Experience	Points	Total
Fast Track Country Experience (Ireland, UK, Canada, South Africa) + Australia and USA	0 - 1	1	0
	2 - 4	2	
	5 - 7	4	
	8 - 10	6	
	11 - 13	8	
	14 - 17	10	
Private Practise Musculoskeletal Experience	18+	12	4
	Years Experience	Points	
	0 - 1	0	
	2 - 3	1	
	4 - 5	2	
	6 - 7	3	
Post Grad Experience	8 - 9	4	2
	10+	5	
	Years Experience	Points	
New Zealand Experience	0 - 4	1	1
	5 - 10	2	
	11+	3	
Ligament Experience	Months Experience	Points	0
	0 - 6	1	
	7 - 12	2	
	13 - 18	4	
Post Grad Qualifications	19 - 24	6	4
	Months Experience	Points	
	0 - 6	1	
	7 - 12	2	
Total:	13 - 18	3	11
	19 - 24	4	
	Courses	Points	
	Post Grad Courses	1	
Total:	Post Grad Certificate	2	4
	Post Grad Diploma	3	
	Post Grad Masters	4	
	Post Grad Masters	4	

Work History

SS is an experienced travel physiotherapist whose versatility allows her to excel as a generalist across diverse patient populations and clinical settings. She has managed caseloads spanning the lifespan and has treated both acute and chronic presentations of varying complexity. While she values the breadth of experience gained from rotating through different settings, she naturally leans toward outpatient work. She is particularly passionate about women's health, trauma-informed care, and pelvic floor physiotherapy, and remains committed to continual learning within the wide and evolving field of physical therapy.

New Zealand Experience
- Jun-Sep 2026 (11 weeks): Aspire Physiotherapy, private practice clinic, Greymouth
- Apr-Jun 2026 (9 weeks): Physio Studio, private practice clinic, Opoitiki
- Jan-Apr 2026 (11 weeks): PhysioDirect, private practice clinic, Rotorua

America Experience
1) ECU Chowan & Bertie Hospitals -- Edenton & Windsor, NC -- Outpatient & Acute Physical Therapy, Travel Physical Therapist -- Oct 2025 - Dec 2025
2) Columbia Memorial Hospital -- Astoria, OR -- Outpatient Physical Therapy, Travel Physical Therapist -- Nov 2024 - Aug 2025
3) Trinity Health -- Minot, ND -- Outpatient Physical Therapy, Travel Physical Therapist -- Jun 2024 - Aug 2024
4) CCHS/Dayton General Hospital -- Dayton, WA -- Outpatient & Acute Physical Therapy, Travel Physical Therapist -- Oct 2023 - Jun 2024
5) Lovelace Regional Hospital -- Roswell, NM -- Outpatient & Acute Physical Therapy, Travel Physical Therapist -- Jul 2023 - Aug 2023
6) ECU Edgecombe Hospital -- Tarboro, NC -- Outpatient & Acute Physical Therapy, Travel Physical Therapist -- Feb 2023 - Apr 2023
7) Promedica Skilled Nursing & Rehabilitation -- Potomac, MD -- SNF Physical Therapy, Travel Physical Therapist -- Oct 2022 - Dec 2022
8) Columbia Memorial Hospital -- Astoria, OR -- Outpatient & Acute Physical Therapy, Travel Physical Therapist -- Sep 2021 - Aug 2022
9) Lovelace Regional Hospital -- Roswell, NM -- Outpatient & Acute Physical Therapy, Travel Physical Therapist -- Apr 2021 - Aug 2021
10) Pivot Physical Therapy -- Raleigh, NC -- Outpatient Physical Therapy, PRN Physical Therapist -- Feb 2021 - Dec 2022
11) Allied Rehab -- Wake Forest, NC -- Outpatient Rehab Services, Contract Physical Therapist -- Jan 2021 - Feb 2021

Areas of Skills and Expertise

MSK & Orthopaedic – Intermediate to Advanced
SS has managed extensive outpatient caseloads across her travel physiotherapy career, developing strong clinical capability in musculoskeletal and orthopaedic care. She has worked with a wide range of acute and chronic presentations, post-surgical patients, and individuals requiring manual therapy, exercise prescription, and structured rehabilitation programs. Her experience spans diverse clinic environments, contributing to a well-rounded and adaptable skill set.

Sports – Beginner to Intermediate
SS has supported athletes from various sporting backgrounds, assisting with injury management, post-operative recovery, and sport-related pain. Her practice focuses on safe return-to-sport principles, functional strengthening, and effective load management.

Women's Health – Advanced
SS has completed several advanced pelvic health courses through Herman & Wallace and APTA, and has treated a wide range of pelvic floor conditions during her travel contracts. Her expertise includes addressing pelvic pain, incontinence, postpartum concerns, and other complex presentations through evidence-based assessment, manual therapy, exercise, and patient education.

Men's Health – Intermediate
SS has completed specialised pelvic health coursework focused on male pelvic function and demonstrates competency at an intermediate level. Her training includes management approaches for pelvic pain, urinary symptoms, and dysfunction, with clinical experience rooted in assessment, education, and conservative intervention strategies.

Pediatric – Intermediate
SS began her physiotherapy career in paediatrics, gaining foundational experience working with children across various developmental and musculoskeletal conditions. While not her primary passion, she remains capable and confident in supporting paediatric patients when required.

Geriatric – Intermediate to Advanced
SS has managed significant geriatric caseloads in both acute and outpatient settings, treating older adults with a broad range of functional, post-operative, and chronic health needs. Her approach prioritises safe mobility, fall prevention, strength and balance training, and maximising independence.

Cardiorespiratory & Neurology – Intermediate to Advanced
SS has strong experience in complex acute care environments, including cardiopulmonary and neuro ICUs, where she participated in the rehabilitation of patients following heart and lung transplants, ECMO support, and multi-system involvement requiring extensive medical management. In both acute and outpatient roles, she has treated patients with stroke, Parkinson's disease, MS, dementia, fibromyalgia, and other neurological or systemic conditions, focusing on mobility restoration, functional independence, and long-term self-management.

Rehab – Intermediate
SS has completed a contract within a skilled nursing facility, providing rehabilitation for patients recovering from surgery, illness, and functional decline. Her care emphasised mobility progression, strengthening, gait training, and discharge planning.

Yoga & Pilates – Beginner
SS has undertaken online continuing education courses in yoga and Pilates, building foundational knowledge in these movement systems. She is keen to further develop her skills and integrate these approaches into holistic rehabilitation practice.

Mentoring – Beginner
SS has served as a clinical instructor for a first-year DPT student during a travel contract in New Mexico, supporting early clinical learning and developing her own mentoring abilities.

Additional Experience:
SS also brings experience in aquatic therapy, utilising water-based rehabilitation to support mobility, conditioning, and low-impact functional training.

Private Practise MSK Experience

SS has two to three years of private practice experience, performing comprehensive assessments, reevaluations, and tests and measures to guide patient-centred treatment planning. She progressed patients through evidence-based interventions, developed personalised home exercise programs, and ensured timely, accurate documentation and billing. Her role also included collaborating with and supervising PTAs and aides when present, as well as communicating with insurance companies to support authorisation processes.

Hospital Experience

SS has two to three years of hospital experience. She is skilled in performing thorough chart reviews, determining patient appropriateness for physiotherapy, and delivering evaluations and treatments across varied hospital units. She assesses discharge needs, home environments, and support systems, ensuring safe, well-informed planning. Her hospital work has required extensive documentation, interdisciplinary collaboration, and adaptability across fast-paced, medically complex settings.

CPD Courses

- 1) Herman & Wallace Pelvic Floor Level 1 - Introduction to Pelvic Floor Function, Dysfunction, and Treatment
- 2) Herman & Wallace Pelvic Floor Level 2a - Colorectal Pelvic Health, Pudendal Neuralgia, and Coccyx Pain
- 3) Herman & Wallace Pelvic Floor Level 2b - Function, Dysfunction, and Treatment: Urogynecologic Examination and Treatment Interventions
- 4) Herman & Wallace Pelvic Floor Level 2c - Men's Pelvic Health and Rehabilitation

Who am I?

SS describes herself as someone who has lived "a hundred lives" in her 34 years, shaped by a rich, multicultural upbringing and a journey that has taken her across the United States. Born in California, raised in Kansas, educated in Arizona and Alabama, and having helped open restaurants in North Carolina, she has always embraced new experiences and environments. She grew up in a beautifully unconventional biracial household, with a strong, entrepreneurial Black mother and a gentle, creative white father—both of whom encouraged curiosity, independence, and exploration. Their influence deeply shaped the woman she is today.

At her core, SS holds a vibrant love for adventure, food, culture, community, and the small whimsical joys of everyday life. Friends describe her with words such as extroverted, loyal, hype-girl, vibrant, playful, transparent, and steadfast—reflections of her spirited, wholehearted way of moving through the world.

In her spare time, she loves being active and is always happy to join any recreational sport, especially tennis, which has been her main sport since childhood. She prefers the energy of attending live games and is excited to learn more about rugby. Her background in hospitality has nurtured a love for exploring local cafés, restaurants, and breweries, and she is a dedicated lover of live music in all its forms. She also enjoys quieter pursuits such as puzzling, reading, journaling, and taking long, grounding walks.

Quotes from References

SS is pleasant, flexible and professional. She made everyone feel important, valued and welcome. She is able to create and maintain a culture of collaboration and excellence.

SS is able to manage her time and priorities very well. She was always punctual and never appeared stressed or worried. Her notes are always clear and consistent.

She is a joy to work with. I highly recommend SS to any future employer without hesitation.

