



Ligament

Connections equal strength

Meet our *Superstar* Physio!

CK

Nationality

South African Female

Age Range

26 - 30

Experience Level

6 - 7 years

Desired Contract

Kiwi (to 12months)

Clinic Disciplines and Areas of Experience

Musculoskeletal, Sports, Paediatric, Return to work programs, Orthopaedics (pre & post operative), Cardiorespiratory, Rehabilitation (vocational / functional), Leading exercise classes, Neurology, Working within a gym setting, Mentoring juniors

Who am I ?

CK thrives off of helping people - this in turn allows her to delve into the depths of who she is and open doors to the individual that she is.

Learning about culture, history, the universe and different journeys of life fascinates me.

CK is not conned to what others think of her, CK would rather try to be a better version of herself each and everyday.

Meditation, mindfulness and trying to keep an active and balanced lifestyle is important to her.

Compassion and understanding are traits CK tries to exude when assessing and treating patients - this filters into her everyday life as people/helping people is a way of life.

Interests

Mindfulness is important to CK- maintaining a balanced lifestyle with what she has and is blessed with. Meditation and learning about different energies (crystal healing, Aura's, Reiki etc.) broadens her mind.

CK enjoys being outdoors, it brings her a sense of tranquillity- therefore hiking and exploring nature interests her. CK enjoys art in all its forms, or rather take an interest in learning about all its forms. Socializing with new people as well as ensuring she spends quality time with her family and friends is something she values and practices.



More about CK

Quotes from References

Accuracy / Timeliness and Workload

CK is a bright girl and a fast learner. She always asked a lot of questions, which showed her eagerness in wanting to do her duties correctly. Her attitude to her work was that nothing was too much, and the work needed to get done before she would take a break.

Strengths

Respect, punctuality, and an eagerness to learn and help others to the best of her ability. Does not take criticism as an attack but more as a lesson to learn and grow

Further Comments

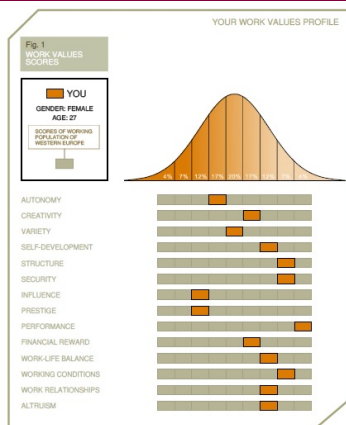
This is big step for CK, considering leaving her home country, but I know she will be up to the challenge, and has the determination to make a success of such an endeavor. She will be an asset in any organisation.

Work Values Assessment

The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:

1. **Autonomy:** The ability to choose for yourself what to do and when to do it.
2. **Creativity:** The opportunity to use imagination at work and come up with new and original things.
3. **Variety:** Working on various thing simultaneously or being part of adventurous or exciting work.
4. **Self-development:** Room for the ambition to develop further both professionally and personally.
5. **Structure:** Fixed routines and activities with clear frameworks and timelines.
6. **Security:** Clarity with regards to financial security and prospects for the future.
7. **Influence:** The opportunity to influence others and contribute to discussions that influence decisions.
8. **Prestige:** Work that gives you standing or status in the community. Being held in high regard.
9. **Performance:** The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
10. **Financial reward:** The ability to earn a good salary.
11. **Work-life balance:** Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
12. **Working conditions:** Work is done in a pleasant environment under favourable working conditions.
13. **Work relationships:** Having pleasant social contact with nice colleagues.
14. **Altruism:** Helping others through the work you do.

Work Values



Work Values Results

CK scores extremely high on performance which confirms her drive for results. She scores high on structure and security which indicates that she wants clarity about her future and clear frameworks and rules. CK will do well in a pleasant, comfortable work environment as indicated by her high score on working conditions.





More about CK

Career Values

- Value 1** ACHIEVEMENT - Wants to see results and get a feeling of accomplishment.

- Value 2** WORK CONDITIONS - Consider pay, stability and good work conditions to suit their work style.

- Value 3** SUPPORT - Thrives when comfortable with the style of management and manager is considerate, competent and fair.

Temperament Typology Explained

Temperament Typology

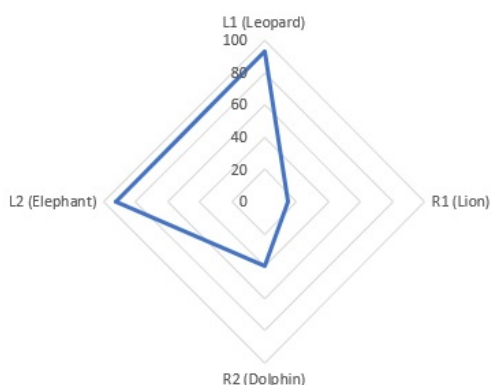
Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

- Leopards (L1) are task-orientated introverts.*
- Lions (R1) are task-orientated extroverts.*
- Dolphins (R2) are people-orientated extroverts.*
- Elephants (L2) are people-orientated introverts.*

CK is a combination of Leopard & Elephant. She is predominantly introverted, and more people orientated. This makes her a hard worker, motivated by results and very dependable in a team. She is a good listener and communicates clearly and patiently. CK tends to avoid conflict and will point out the logic and benefits in such situations.

Temperament Graphic

Temperament Typology Result



Leopard (L1)	93
Lion (R1)	15
Dolphin (R2)	40
Elephant (L2)	92

